





QUESTIONS ABOUT THE TRANSPORTATION RESOURCES DETAILED IN THIS GUIDE?

If you or the older adults in your life need help navigating your transportation options, the staff at Keep Middlesex Moving is here to help! KMM provides Senior Travel Trainings, Personalized Trip Planning, Rideshare Matching, and facilitates access to other resources near you.



-  (732) 745-4465
-  programs@kmm.org
-  100 Bayard Street, 2nd Fl.
New Brunswick, NJ 08901
-  www.kmm.org

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MIDDLESEX COUNTY OLDER ADULT TRANSPORTATION RESOURCE GUIDE



MIDDLESEX COMMUTER CONNECTIONS



No matter your ability, there are ways to get you to your destination reliably, affordably, and safely. This guide details the transportation resources available for older adults in Middlesex County.

NJ TRANSIT

NJ TRANSIT provides affordable and convenient transportation throughout Middlesex County and the region, as well as routes to New York and Pennsylvania. All NJ TRANSIT buses and many NJ TRANSIT train stations are fully ADA Accessible.

Access Link ADA Paratransit

Curb-to-curb service in the same areas and schedule as NJ TRANSIT's local bus routes and light rail systems. To apply for paratransit eligibility and reserve rides, visit accesslink.njtransit.com or call (973) 491-4224.



Reduced Fare Program

NJ TRANSIT offers a reduced fare program for those 62 years and over, persons with disabilities, and military personnel. Eligible individuals can save 50% or more on train, bus, and light rail trips.

To sign up, visit reducedfare.njtransit.com or call (973) 491-7112.

Keep Middlesex Moving - Your Hub for All Things Transportation

Keep Middlesex Moving (KMM) is a 501(c)(3) non-profit Transportation Management Association serving individuals of all ages and abilities in Middlesex County. This guide is intended to provide information on various helpful transportation resources available to Older Adults.

EZ Ryde4Life Program

EZ Ride's "EZ Ryde4Life" program coordinates on-demand transportation for senior citizens in partnership with transportation network companies like Lyft and Uber throughout NJ. No smart phone is required. Annual membership fee, ride fee based on Lyft/Uber rates, and small administrative fee per ride.

Visit ezride.org/transportation/ezryde4life/ or call (201) 939-4242 to learn more.

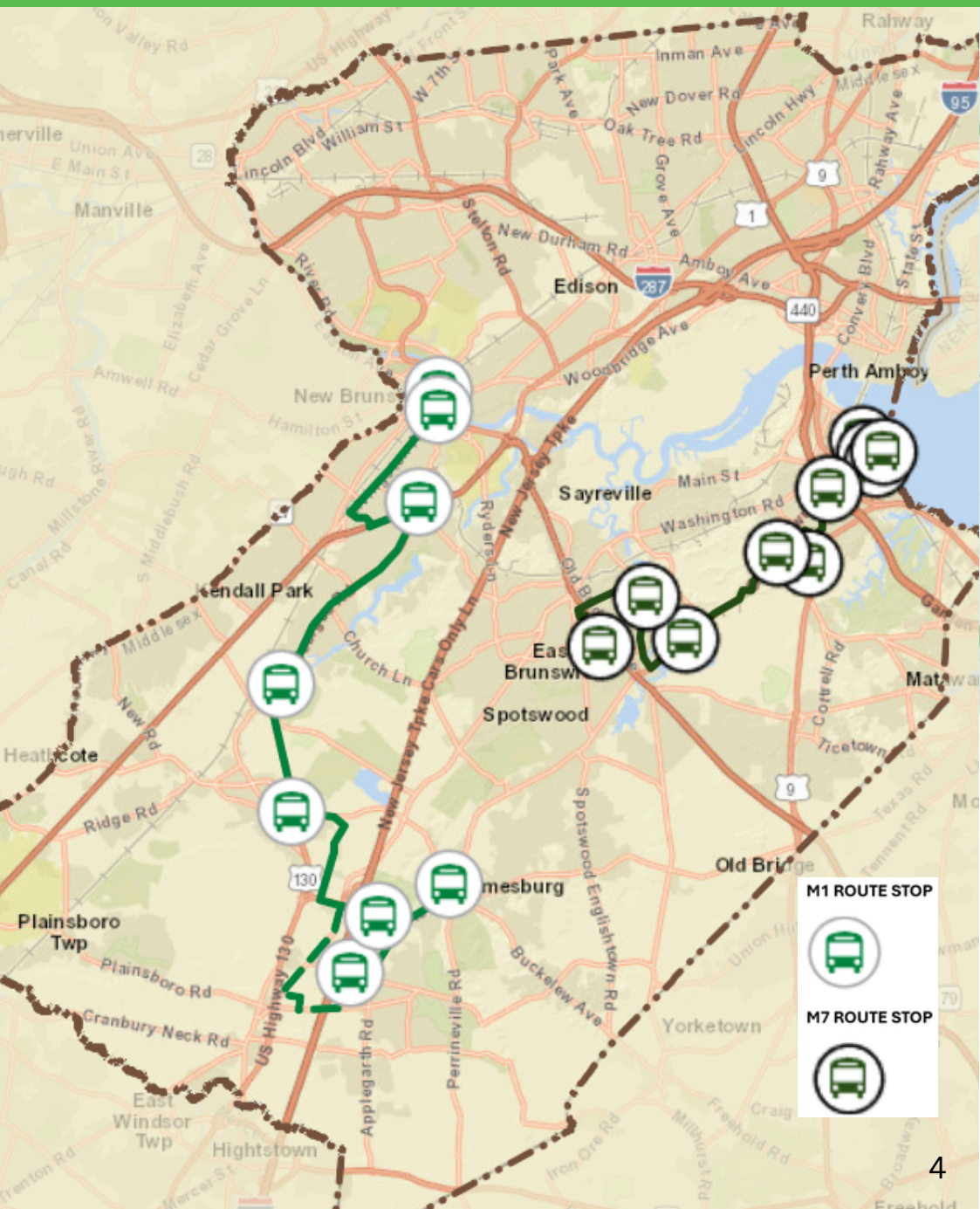
Veterans Medical Transportation

Transportation to Veterans Affairs Medical Centers in New Jersey is available through the Middlesex County Department of Transportation.

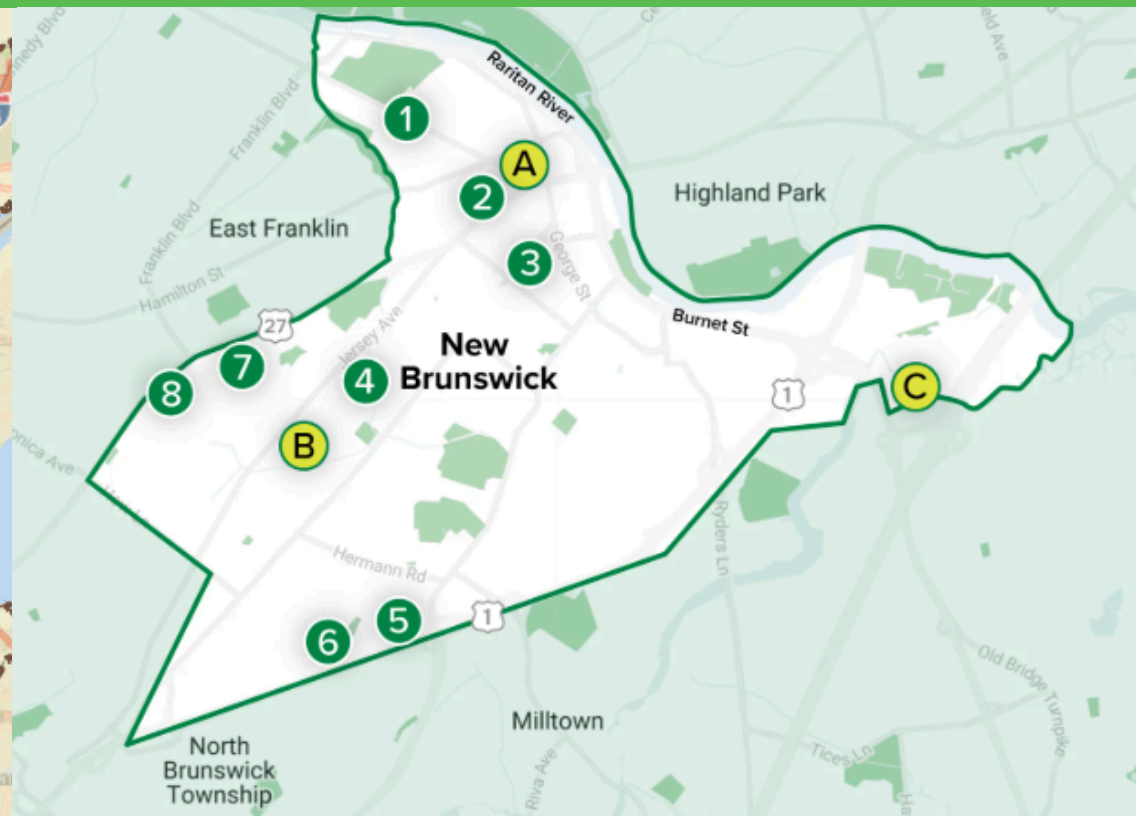
- Mondays, Wednesdays, and Fridays to East Orange VA Main Hospital.
- Tuesdays and Thursdays to Lyons VA Medical Center.

Call (800) 221-3520 or (732) 745-7456 for more information.

Middlesex County RIDE Shuttle Routes Map



Middlesex County RIDE On Demand Service Area



Popular Destinations:

- 1 St. Peter's Hospital
- 2 Robert Wood Johnson University Hospital
- 3 New Brunswick Free Public Library
- 4 Youth Sports Complex & Teen Center
- 5 Trader Joe's
- 6 Walmart
- 7 ALDI
- 8 New Brunswick High School

Transit Hubs:

- A New Brunswick (NJ Transit)
- B Jersey Avenue (NJ Transit)
- C Neilson Plaza (Coach USA)

Senior Transportation Resources by Municipality

For transportation assistance more closely tailored to home, please use the directory below to connect to Senior Resource Centers nearest you.

Carteret	(732) 541-3014
Cranbury	(609) 395-0900
Dunellen	(732) 968-1226
East Brunswick	(732) 390-6896
Edison	(732) 248-7345
Highland Park	(732) 819-0052
Metuchen	(732) 632-8525
Middlesex	(732) 356-0414
Milltown	(732) 296-0681
Monroe	(609) 443-0511
New Brunswick	(732) 745-5100
North Brunswick	(732) 418-2222
Old Bridge	(732) 721-5600 ext. 6635
Perth Amboy	(732) 826-1690 ext. 4326
Piscataway Medical Transport	(732) 743-2218
Piscataway Shopping Transport	(732) 562-1133
Plainsboro	(609) 799-0909
Sayreville	(732) 390-7058
South Amboy	(732) 525-5960
South Brunswick	(732) 329-4000 ext. 7670
South Plainfield	(908) 754-1047
South River	(732) 257-2340
Spotswood	(732) 251-3432
Woodbridge	(732) 726-2394



The Middlesex County RIDE Program (formerly MCAT) provides three types of transportation service to qualified residents in Middlesex County.

RIDE Reservations

Curb-to-curb transportation anywhere in Middlesex County for those aged 60 and above and persons living with disabilities aged 18 and up for just \$3 per ride. Reservations are required.

RIDE On Demand

On-demand service in New Brunswick and parts of North Brunswick for just \$3 per ride. See service area map on page 4.

RIDE Routes

Two shuttle routes that do not require a reservation for \$1 per ride. Suggested fare for Older Adults and Persons with Disabilities is just \$.50 (map on page 5).

Scan the QR Code above to download the app or call (800) 221-3520 to schedule a ride.