

# MIDDLESEX COUNTY MOBILITY GUIDE



A Comprehensive Guide to Help You Find, Access,  
and Use Transportation Options That Fit Your Needs.



MIDDLESEX COMMUTER CONNECTIONS



Scan for interactive maps, trip-planning tools, and clickable links.

# ACKNOWLEDGEMENTS

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# INTRODUCTION

Public transportation can be an affordable and convenient way to get around, but understanding the available options may sometimes be challenging.

This guide is designed to help. Inside, you'll find information on bus, train, and ferry services, along with resources to help you plan your trip. Whether you're a first-time rider or a regular commuter, this guide can help you navigate your transportation options available throughout Middlesex County.

*Disclaimer: The information contained in this publication was compiled from publicly available sources believed to be accurate at the time of publication. Users are encouraged to verify details directly with the transportation provider. The inclusion of a transportation provider in this guide does not constitute an endorsement or recommendation by KMM.*



**The resources found in this guide are for non-emergency transportation services only. In case of an emergency, call 911.**

## KEY:



Important  
Information



Helpful Tips



Accessibility  
Information

# TRANSPORTATION RESOURCE DIRECTORY

Keep Middlesex Moving | [732-745-4465](tel:732-745-4465) | [kmm.org](http://kmm.org)

## Bus, Train, and Ferry Services

|                                                                                                  |                                                                                                 |
|--------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|
| <b><u>Academy Bus</u></b>                                                                        | <a href="tel:800-442-7272">800-442-7272</a>                                                     |
| <b><u>Amtrak</u></b>                                                                             | <a href="tel:800-872-7245">800-872-7245</a>                                                     |
| <b><u>Coach USA</u></b>                                                                          | <a href="tel:866-912-6224">866-912-6224</a>                                                     |
| <b><u>DASH 851 &amp; 852 and CAT-1R<br/>(Somerset County Division of<br/>Transportation)</u></b> | <a href="tel:908-231-7115">908-231-7115</a>                                                     |
| <b><u>FlixBus</u></b>                                                                            | <a href="tel:855-626-8585">855-626-8585</a>                                                     |
| <b><u>Greyhound</u></b>                                                                          | <a href="tel:800-231-2222">800-231-2222</a>                                                     |
| <b><u>Middlesex County RIDE</u></b>                                                              | <a href="tel:800-221-3520">800-221-3520</a><br>TTY: <a href="tel:732-745-8905">732-745-8905</a> |
| <b><u>NJ TRANSIT Access Link</u></b>                                                             | <a href="tel:973-491-4224">973-491-4224</a>                                                     |
| <b><u>NJ TRANSIT Information</u></b>                                                             | <a href="tel:973-275-5555">973-275-5555</a><br>TTY: <a href="tel:800-772-2287">800-772-2287</a> |
| <b><u>NJ TRANSIT Reduced Fare Program</u></b>                                                    | <a href="tel:973-491-7112">973-491-7112</a>                                                     |
| <b><u>NY Waterway</u></b>                                                                        | <a href="tel:800-533-3779">800-533-3779</a>                                                     |

|                                            |                     |
|--------------------------------------------|---------------------|
| <b><u>OurBus</u></b>                       | <u>844-800-6828</u> |
| <b><u>Perth Amboy Hometown Trolley</u></b> | <u>732-826-0290</u> |
| <b><u>Route 130 Connection</u></b>         | <u>609-989-6827</u> |

## Older Adult Municipal Transportation

|                                                                              |                                                        |
|------------------------------------------------------------------------------|--------------------------------------------------------|
| <b><u>Carteret Office on Aging</u></b>                                       | <u>732-541-3890</u>                                    |
| <b><u>Dunellen Senior Center</u></b>                                         | <u>732-968-3033</u><br>Senior Bus: <u>732-968-1226</u> |
| <b><u>East Brunswick Department on Aging</u></b>                             | <u>732-390-6896</u>                                    |
| <b><u>Edison Senior Citizen Center</u></b>                                   | <u>732-248-7345</u>                                    |
| <b><u>Highland Park Community Services</u></b>                               | <u>732-819-0052</u>                                    |
| <b><u>Metuchen Senior Citizens Center</u></b>                                | <u>732-632-8525</u>                                    |
| <b><u>Middlesex Borough Department of Senior &amp; Disabled Services</u></b> | <u>732-356-0414</u>                                    |
| <b><u>Milltown Senior Center</u></b>                                         | <u>732-296-0681</u>                                    |
| <b><u>Monroe Township Senior Center</u></b>                                  | <u>609-448-7254</u>                                    |
| <b><u>Monroe Township Office of Transportation</u></b>                       | <u>609-443-0511</u>                                    |

|                                                            |                                                               |
|------------------------------------------------------------|---------------------------------------------------------------|
| <b><u>New Brunswick Senior Citizen Resource Center</u></b> | <u>732-745-5100</u>                                           |
| <b><u>New Brunswick Dial-A-Ride</u></b>                    | <u>732-745-5161</u>                                           |
| <b><u>North Brunswick Senior Center</u></b>                | <u>732-418-2222</u>                                           |
| <b><u>Old Bridge Silver Linings</u></b>                    | <u>732-721-5600</u> ext. 6635                                 |
| <b><u>Perth Amboy Office on Aging</u></b>                  | <u>732-826-1690</u> ext. 4326                                 |
| <b><u>Piscataway Senior Center</u></b>                     | <u>732-562-1133</u><br>Medical Transport: <u>732-743-2218</u> |
| <b><u>Plainsboro: RideProvide (Greater Mercer TMA)</u></b> | <u>609-452-5140</u><br>Reservations: <u>609-452-5144</u>      |
| <b><u>Sayreville Office on Aging</u></b>                   | <u>732-390-7058</u>                                           |
| <b><u>South Amboy Senior Center</u></b>                    | <u>732-525-5960</u>                                           |
| <b><u>South Brunswick Office on Aging</u></b>              | <u>732-329-4000</u> ext. 7363                                 |
| <b><u>South Plainfield Senior Center</u></b>               | <u>908-754-1047</u>                                           |
| <b><u>South River Office on Aging</u></b>                  | <u>732-257-2340</u>                                           |
| <b><u>Spotswood Division of Senior Services</u></b>        | <u>732-251-3432</u>                                           |
| <b><u>Senior Transportation of Woodbridge (STOW)</u></b>   | <u>732-726-2394</u>                                           |

## Healthcare Transportation

|                                                         |                     |
|---------------------------------------------------------|---------------------|
| <b><u>American Cancer Society Road to Recovery.</u></b> | <u>800-227-2345</u> |
| <b><u>Modivcare</u></b>                                 | <u>866-527-9933</u> |
| <b><u>ScreenNJ</u></b>                                  | <u>833-727-3665</u> |

## Transportation Network Companies

|                               |                              |
|-------------------------------|------------------------------|
| <b><u>EZ Ryde4Life</u></b>    | <u>201-939-4242</u> option 4 |
| <b><u>GoGoGrandparent</u></b> | <u>855-464-6872</u>          |



## Taxi Services



| Company                              | Phone Number        | Serving*                                                     |
|--------------------------------------|---------------------|--------------------------------------------------------------|
| <b>A-A Checker Cab</b>               | <u>732-545-2300</u> | Highland Park area                                           |
| <b>All Around America (AAA) Taxi</b> | <u>732-628-0000</u> | New Brunswick area                                           |
| <b>All Brunswick Taxi</b>            | <u>732-545-0900</u> | New Brunswick area                                           |
| <b>Avenel Checker Taxi</b>           | <u>732-882-2360</u> | Woodbridge area                                              |
| <b>Metuchen Taxi</b>                 | <u>732-549-7777</u> | Metuchen area                                                |
| <b>North Plainfield Taxi</b>         | <u>908-222-8777</u> | North Plainfield area, including South Plainfield & Dunellen |
| <b>Princeton Car Services</b>        | <u>609-799-9180</u> | Southern Middlesex County                                    |
| <b>United Taxi</b>                   | <u>732-826-2424</u> | Perth Amboy area                                             |

\*Taxi companies serve more than one municipality, as fares are calculated by distance. All companies listed provide airport transportation and other long-distance travel, as well as local travel.



The inclusion of a transportation provider in this guide does not constitute an endorsement or recommendation by KMM.

# TRANSPORTATION BY MUNICIPALITY

| Municipality    | Bus Service                                                                                           | Train/Ferry Service                    |
|-----------------|-------------------------------------------------------------------------------------------------------|----------------------------------------|
| Carteret*       | <b>NJ TRANSIT:</b> 48, 116                                                                            |                                        |
| Cranbury        | <b>RIDE:</b> M1<br><b>Other:</b> Route 130 Connection                                                 |                                        |
| Dunellen*       | <b>NJ TRANSIT:</b> 59, 65, 113, 114                                                                   | <b>NJ TRANSIT:</b> Raritan Valley Line |
| East Brunswick* | <b>NJ TRANSIT:</b> 68, 811, 815, 818<br><b>RIDE:</b> M7<br><b>Other:</b> Coach USA 100, 400, 500, 600 |                                        |
| Edison*         | <b>NJ TRANSIT:</b> 48, 801, 802, 803, 804, 805, 810, 813, 814, 819                                    | <b>NJ TRANSIT:</b> Northeast Corridor  |
| Helmetta        |                                                                                                       |                                        |
| Highland Park*  | <b>NJ TRANSIT:</b> 810, 814                                                                           |                                        |
| Jamesburg       | <b>RIDE:</b> M1                                                                                       |                                        |
| Metuchen*       | <b>NJ TRANSIT:</b> 810, 813, 819                                                                      | <b>NJ TRANSIT:</b> Northeast Corridor  |

| Municipality     | Bus Service                                                                                                                                                                                                    | Train/Ferry Service                                       |
|------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------|
| Middlesex*       | <b>NJ TRANSIT:</b> 65, 114                                                                                                                                                                                     |                                                           |
| Milltown*        | <b>NJ TRANSIT:</b> 811                                                                                                                                                                                         |                                                           |
| Monroe Township* | <b>NJ TRANSIT:</b> 138<br><b>RIDE:</b> M1<br><b>Other:</b> Academy Bus;<br>Coach USA 300, 600;<br>Route 130 Connection<br><br><i>For residents only:<br/> Freehold Out-of-Town<br/> Shuttles (see page 76)</i> |                                                           |
| New Brunswick*   | <b>NJ TRANSIT:</b> 810, 811, 814,<br>815, 818<br><b>RIDE:</b> M1, On Demand<br><b>Other:</b> Coach USA 100,<br>500, 600; CAT 1-R, DASH<br>851 & 852;<br>Greyhound/FlixBus;<br>Rutgers Campus Buses             | <b>NJ TRANSIT:</b><br>Northeast Corridor<br><b>Amtrak</b> |
| North Brunswick* | <b>NJ TRANSIT:</b> 811, 814<br><b>RIDE:</b> M1, On Demand<br>(limited)<br><b>Other:</b> Coach USA 100                                                                                                          |                                                           |
| Old Bridge*      | <b>NJ TRANSIT:</b> 67, 68, 131,<br>133, 138, 139, 818<br><b>RIDE:</b> M7<br><b>Other:</b> Academy Bus                                                                                                          |                                                           |
| Perth Amboy*     | <b>NJ TRANSIT:</b> 48, 116, 813,<br>815, 817<br><b>Other:</b> Perth Amboy<br>Hometown Trolley                                                                                                                  | <b>NJ TRANSIT:</b> North<br>Jersey Coast Line             |

| <b>Municipality</b> | <b>Bus Service</b>                                                                  | <b>Train/Ferry Service</b>                                                      |
|---------------------|-------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|
| Piscataway*         | <b>NJ TRANSIT:</b> 65, 114, 819<br><b>Other:</b> Rutgers Campus Buses, OurBus       |                                                                                 |
| Plainsboro*         | <b>NJ TRANSIT:</b> 600                                                              |                                                                                 |
| Sayreville*         | <b>NJ TRANSIT:</b> 131, 815<br><b>RIDE:</b> M7                                      |                                                                                 |
| South Amboy*        | <b>NJ TRANSIT:</b> 815, 817<br><b>RIDE:</b> M7<br><b>Other:</b> Academy Bus, OurBus | <b>NJ TRANSIT:</b> North Jersey Coast Line<br><b>Ferry:</b> NY Waterway         |
| South Brunswick*    | <b>RIDE:</b> M1<br><b>Other:</b> Academy Bus; Coach USA 100, 300, 600               |                                                                                 |
| South Plainfield*   | <b>NJ TRANSIT:</b> 819                                                              |                                                                                 |
| South River*        | <b>NJ TRANSIT:</b> 811, 815<br><b>RIDE:</b> M7                                      |                                                                                 |
| Spotswood*          | <b>NJ TRANSIT:</b> 138                                                              |                                                                                 |
| Woodbridge*         | <b>NJ TRANSIT:</b> 48, 115, 116, 801, 802, 803, 804, 805, 810, 813, 815             | <b>NJ TRANSIT:</b> North Jersey Coast Line, Northeast Corridor<br><b>Amtrak</b> |

*\*Municipal transportation available for older adults. Depending on municipality, people 18+ with disabilities may be eligible for these services, too. See pages 66-90.*

# PARK & RIDE LOTS

Park & Rides are more than just parking lots; they connect commuters to transportation services. Don't have a bus stop or train station near you? No problem! You can drive to a Park & Ride lot, then take the bus or train from there. Park and Rides are also great meetup locations for carpools or vanpools.\*



**Most lots are not free, and some are permit parking only.**

View a map of all Middlesex County Park and Ride lots at [google.com/maps/d/u/0/edit?mid=1WrgW6gcs7XN1CmU2RqNHwcefP\\_dYkso&usp=sharing](https://www.google.com/maps/d/u/0/edit?mid=1WrgW6gcs7XN1CmU2RqNHwcefP_dYkso&usp=sharing).

## Carteret

**Managed by Municipality:** 732-541-3820

- Pershing Ave Park & Ride
- Roosevelt Ave & Terminal Ave

**Managed by MCIA:** 609-655-5141

- High Street Garage

## Dunellen

**Managed by Municipality:** 732-968-3663

- Dunellen Train Station Lots A, B, C, D, E

*\*A vanpool is comprised of 4 to 15 people who commute to work by van or SUV leased through an approved third-party vendor. Eligible vanpools can receive \$400 a month through the [NJ TRANSIT Vanpool Sponsorship Program](#).*

## East Brunswick

**Managed by Municipality:** 732-390-6836

- Neilson Parking Plaza
- Transportation & Commerce Center

## Edison

**Managed by Park America:** 800-523-1026

- Edison Train Station Lots 1, 2, 3

## Metuchen

**Managed by Municipality:** 732-548-5553

- Center St Lot
- Center St East Lot
- Halsey St Lot
- New St Lot
- NJ TRANSIT North
- NJ TRANSIT South
- Pearl St Parking Garage
- Pennsylvania Ave Permit Parking
- Station Place Lot

## Monroe Township (RESIDENTS ONLY)

**Managed by Municipality:** 609-443-0511

- Applegarth Park & Ride
- Clearbrook Plaza Park & Ride

## New Brunswick

**Managed by Municipality:** 732-545-3118

- Gateway Garage
- Hardenberg Parking Deck
- Lower Church St Deck
- Morris St Deck
- New St Deck
- Wellness Plaza Garage

## New Brunswick (cont.)

**Managed by Coach USA:** 732-249-1100

- Coach USA Park & Ride Lot

**Managed by Park America:** 800-523-1026

- Jersey Ave Train Station Lots 1 & 2

## Old Bridge

**Managed by Municipality:** 732-721-5600 ext. 6140

- 2500 Route 9 Plaza Lot
- Garden State Parkway Exit 120 Lot
- Home Depot Park & Ride
- Inverness Dr Park & Ride
- Westminster Park & Ride

**Managed by Park America:** 800-523-1026

- Park & Ride Lots 1A, 1B, 1C, 1D

**Managed by NJ Turnpike Authority:** 732-442-8600

- Garden State Parkway (GSP) Exit 120 Lot

## Perth Amboy

**Managed by Municipality:** 732-826-9223

- Perth Amboy Train Station Lot

## Sayreville

**Managed by Municipality:** 732-390-7025

- Main St & Raritan St (GSP Exit 124)

## South Amboy

**Managed by Park America:** 800-523-1026

- South Amboy Train Station Lots 1, 2, 3, 4

## South Amboy (cont.)

**Managed by NJ Turnpike Authority:** 732-442-8600

- GSP Jon Bon Jovi Service Area Carpool Lot
- GSP Jon Bon Jovi Service Area Commuter Lot

## South Brunswick

**Managed by NJ Turnpike Authority:** 732-442-8600

- NJ Turnpike Exit 8A Park & Ride

**Managed by Municipality:** 732-329-4000

- 3552 NJ-27 (Kendall Park)

## South River

**Managed by Municipality:** 732-257-1999

- Bus Station Parking Lot

## Woodbridge

**Managed by Nexus Parking Systems:** 732-906-1661

- Metropark Parking Facility East Deck Garage
- Metropark Parking Facility West Deck Garage

**Managed by Downtown Merchants Association:**

732-634-4500 ext. 4532

- Woodbridge Train Station Lots 1, 2, 3, 4

# PUBLIC TRANSIT TO POPULAR DESTINATIONS

## Shopping

|                                                    |                                            |
|----------------------------------------------------|--------------------------------------------|
| <b>Brunswick Shopping Center – North Brunswick</b> | NJ TRANSIT 811, 814<br>RIDE M1             |
| <b>Brunswick Square Mall – East Brunswick</b>      | NJ TRANSIT 811, 818<br>RIDE M7             |
| <b>Menlo Park Mall – Edison</b>                    | NJ TRANSIT 805, 810                        |
| <b>Middlesex Shopping Center</b>                   | NJ TRANSIT 65, 114                         |
| <b>Walmart – Old Bridge</b>                        | NJ TRANSIT 63, 64, 67, 132, 139<br>RIDE M7 |
| <b>Woodbridge Center Mall</b>                      | NJ TRANSIT 48, 803, 810, 815               |

## Colleges/Universities

|                                           |                                                                                                                       |
|-------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|
| <b>Middlesex College – Edison</b>         | NJ TRANSIT 813, 814                                                                                                   |
| <b>Rutgers University – New Brunswick</b> | NJ TRANSIT 810, 811, 814, 815, 818<br>NJ TRANSIT Northeast Corridor<br>CAT-1R, DASH 851 & 852<br>Rutgers Campus Buses |
| <b>Princeton University</b>               | NJ TRANSIT Northeast Corridor →<br>Princeton Dinky → TigerTransit<br>NJ TRANSIT 600 → TigerTransit<br>Coach USA 100   |

## Health Facilities

|                                                                |                                                                                                                                   |
|----------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|
| <b>Hackensack Meridian Health – Metropark (Iselin)</b>         | NJ TRANSIT 48, 801, 802, 803, 804, 805<br>NJ TRANSIT Northeast Corridor                                                           |
| <b>JFK University Medical Center – Edison</b>                  | NJ TRANSIT 801                                                                                                                    |
| <b>Old Bridge Medical Center</b>                               | NJ TRANSIT 138                                                                                                                    |
| <b>Princeton Medical Center – Plainsboro</b>                   | NJ TRANSIT 600<br>TigerTransit Route 3                                                                                            |
| <b>Raritan Bay Medical Center – Perth Amboy</b>                | NJ TRANSIT 116, 813, 817                                                                                                          |
| <b>Robert Wood Johnson University Hospital – New Brunswick</b> | NJ TRANSIT 811<br>NJ TRANSIT Northeast Corridor<br>RIDE On Demand<br>CAT-1R, DASH 851 & 852<br>Coach USA 100, 500, 600<br>FlixBus |
| <b>Saint Peter’s University Hospital – New Brunswick</b>       | NJ TRANSIT 811<br>RIDE On Demand                                                                                                  |

## Fitness

|                                                                    |                         |
|--------------------------------------------------------------------|-------------------------|
| <b>Edison YMCA at the Community Campus/JCC of Middlesex County</b> | NJ TRANSIT 801          |
| <b>Old Bridge Family YMCA</b>                                      | NJ TRANSIT 68, 139, 818 |

|                                                             |                                                                                                                                 |
|-------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|
| <b>Planet Fitness – Middlesex Borough</b>                   | NJ TRANSIT 65, 114                                                                                                              |
| <b>Planet Fitness – Plainsboro</b>                          | NJ TRANSIT 600                                                                                                                  |
| <b>Raritan Bay Area YMCA – Perth Amboy</b>                  | NJ TRANSIT 116, 813, 817                                                                                                        |
| <b>RWJ Fitness &amp; Wellness Center – New Brunswick</b>    | NJ TRANSIT 811<br>NJ TRANSIT Northeast Corridor<br>RIDE M1, RIDE On Demand<br>CAT-1R, DASH 851 & 852<br>Coach USA 100, 500, 600 |
| <b>RWJ Rahway Fitness &amp; Wellness Center at Carteret</b> | NJ TRANSIT 48, 116                                                                                                              |
| <b>South Amboy Branch YMCA</b>                              | NJ TRANSIT 815, 817<br>RIDE M7                                                                                                  |

## Farmers Markets (Seasonal)

|                                                                  |                                                           |
|------------------------------------------------------------------|-----------------------------------------------------------|
| <b>Highland Park Farmers Market</b>                              | NJ TRANSIT 810, 814                                       |
| <b>Metuchen Farmers Market</b>                                   | NJ TRANSIT 810, 813, 819<br>NJ TRANSIT Northeast Corridor |
| <b>Route 28 Farmers Market – Middlesex Borough</b>               | NJ TRANSIT 65, 114                                        |
| <b>Rutgers Community Farmers Market Pavilion – New Brunswick</b> | NJ TRANSIT 811                                            |

## Grocery Shopping

|                                                         |                                               |
|---------------------------------------------------------|-----------------------------------------------|
| <b>ALDI – New Brunswick</b>                             | RIDE On Demand<br>Coach USA 100, 500, 600     |
| <b>H Mart – Edison</b>                                  | NJ TRANSIT 810                                |
| <b>ShopRite of Carteret</b>                             | NJ TRANSIT 48, 116                            |
| <b>ShopRite of East Brunswick</b>                       | NJ TRANSIT 68, 138, 815, 818<br>Coach USA 100 |
| <b>ShopRite of Old Bridge</b>                           | NJ TRANSIT 64, 67, 139                        |
| <b>Superfood Fresh Supermarket – Middlesex Borough*</b> | NJ TRANSIT 65, 114                            |
| <b>Wegmans – Woodbridge</b>                             | NJ TRANSIT 48, 803, 810, 815                  |

\*Superfood Fresh Supermarket also has its own shuttle service. Learn more at [superfoodfresh.com/#pick-up-request](https://superfoodfresh.com/#pick-up-request).

## Food Assistance

|                                                              |                                                |
|--------------------------------------------------------------|------------------------------------------------|
| <b>Alliance Center for Independence Food Pantry – Edison</b> | NJ TRANSIT 813                                 |
| <b>Elijah’s Promise Soup Kitchen – New Brunswick</b>         | NJ TRANSIT 815, 818<br>RIDE M1, RIDE On Demand |
| <b>Hands of Hope – Edison</b>                                | NJ TRANSIT 814                                 |

|                                                                                            |                     |
|--------------------------------------------------------------------------------------------|---------------------|
| <b>Highland Park Community Food Pantry</b>                                                 | NJ TRANSIT 810, 814 |
| <b>Old Bridge Township Food Bank</b>                                                       | NJ TRANSIT 133, 818 |
| <b>Plainsboro Township Food Pantry</b>                                                     | NJ TRANSIT 600      |
| <b>Raritan Bay Area YMCA's Center for Support, Success, &amp; Prosperity – Perth Amboy</b> | NJ TRANSIT 48, 815  |



**QUICK  
TIPS**

If your preferred destination isn't listed here, call KMM at 732-745-4465 to discuss your public transportation options to that location!



MIDDLESEX COUNTY  
**SERVICES  
LOCATOR**

The Middlesex County Services Locator is an online tool to help you find resources near you like food, transportation, veterans services, housing, and more.

Use the Services Locator at [middlesexcountynj.gov/government/departments/department-of-community-services/middlesex-county-service-locator](https://middlesexcountynj.gov/government/departments/department-of-community-services/middlesex-county-service-locator).

# RIDING THE BUS

If you want to take a bus to your destination, you have several options. This section provides information on local and regional bus services, including NJ TRANSIT, Middlesex County RIDE, Rutgers University's bus system, and other shuttle options. You will also find details on routes, fares, schedules, accessibility, and transfers.



## QUICK TIPS

Download the NJ TRANSIT Mobile App® for Android or iPhone to plan trips, view schedules, purchase tickets, and receive real-time service updates.



# NJ TRANSIT

NJ TRANSIT runs the public transportation system in New Jersey, offering commuters bus, train, and light rail options. Its mission is to provide safe, reliable, and affordable mass transit service.

## Planning Your Trip

NJ TRANSIT has several bus lines, both local and regional, that run through Middlesex County. To plan your trip, you should check for service near you to find the nearest bus stops. If you do not know which bus will take you where you need to go, you can use the NJ TRANSIT Trip Planner or Bus Point-to-Point for travel itineraries and timetables on [njtransit.com](https://www.njtransit.com).



If you need additional assistance, call NJ TRANSIT Customer Service at 973-275-5555.

**KMM can also help you with trip planning. Contact us at 732-745-4465.**

# Timetables

To learn how to read a timetable, follow the instructions below, and practice with the example on the next page.

1

Once you know which bus line you will be riding, find your direction of travel and choose the weekday or weekend section of the schedule.

2

Find your origin bus stop at the top of the schedule. If your origin is between two major stops, choose the earlier time.

3

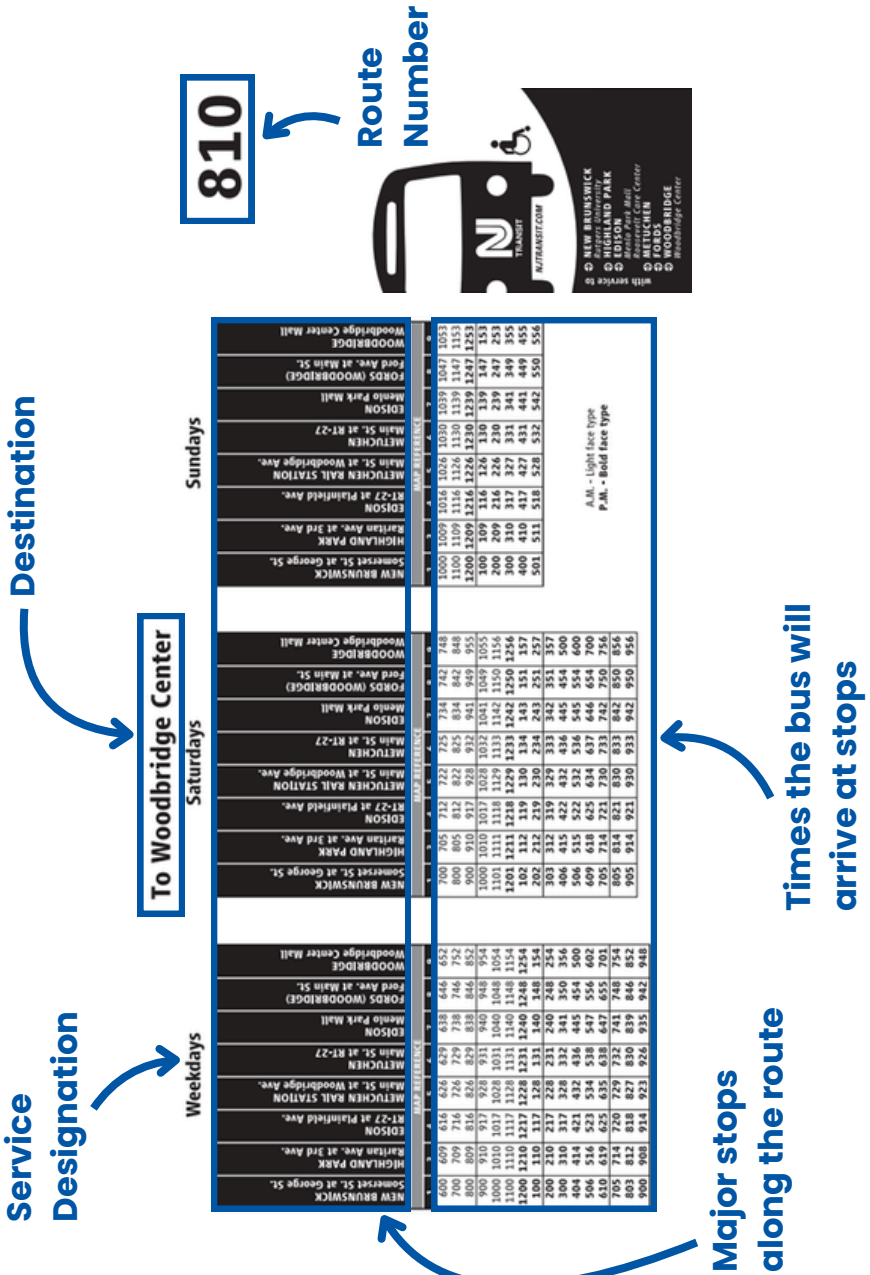
To find out your arrival time, start at the departure time and read across the timetable until you reach the time next to your destination.



## QUICK TIPS

Not every bus stop is shown on the timetable. The stops listed are major stops, or timepoints, along the route. Buses also stop at designated bus stops between these locations when it is safe to do so.

# Reading a Timetable



# Fares

NJ TRANSIT fares are determined by the number of zones you travel through. To find this information, check the map on the bus route schedule. The dashed lines show when you enter a new zone. You can also plan your trip (enter your origin and destination) on [njtransit.com](https://www.njtransit.com). The itinerary will tell you when you will enter a new zone.



**All one-way bus tickets have a 30-day expiration period, unless stated otherwise.**



Above: Tap-to-Pay Reader on a NJ TRANSIT bus for contactless payments by credit or debit card, mobile wallets, and paper bus tickets.



Above: NJ TRANSIT Ticket Vending Machines are located at almost all major rail and bus stations. They sell bus and train tickets, along with monthly passes.

## Paying the Fare

Once you know the route you are taking and how much it will cost, you can pay the fare in one of several ways. You can buy tickets:

Using the NJ TRANSIT app before boarding the bus

With cash\*, a paper ticket, a credit/debit card using Tap & Ride, or a FARE-PAY Card



Using a monthly pass or FlexPass



### QUICK TIPS

If you plan to commute by bus regularly, you may want to invest in a monthly pass to save up to 30%. You can use your monthly pass to make unlimited trips for a whole month for the number of zones indicated on the pass. College students can save 25% using the NJ TRANSIT monthly Student Pass.

*\*In Middlesex County, all local route buses require **exact fare**. If paying your fare with cash, have the exact amount ready before boarding. Bus operators cannot provide change.*

*Some regional buses are **full service**, meaning that drivers will provide change. These buses are indicated in the [Regional & NY Bus Routes chart](#) (page 30).*

## North Jersey Intrastate Fares\* (Local)

| ZONE         | 1       | 2       | 3        | 4        | TRANSFER |
|--------------|---------|---------|----------|----------|----------|
| Reduced Fare | \$0.85  | \$1.25  | \$1.60   | \$2.10   | \$0.40   |
| Full Fare    | \$1.90  | \$3.00  | \$3.80   | \$4.55   | \$0.85   |
| Monthly Pass | \$71.00 | \$93.00 | \$112.00 | \$121.00 | N/A      |
| Student Pass | \$52.00 | \$71.00 | \$84.00  | \$90.00  | N/A      |
| FlexPass**   | \$32.30 | \$51.00 | \$64.60  | \$77.35  | N/A      |

## North Jersey Interstate Fares\* (Regional & NYC)

| ZONE         | 1       | 2        | 3        | 4        | TRANSFER |
|--------------|---------|----------|----------|----------|----------|
| Reduced Fare | \$0.95  | \$1.85   | \$2.45   | \$3.20   | N/A      |
| Full Fare    | \$2.20  | \$4.20   | \$5.45   | \$7.30   | N/A      |
| Monthly Pass | N/A     | \$129.00 | \$180.00 | \$202.00 | N/A      |
| Student Pass | N/A     | \$96.00  | \$133.00 | \$151.00 | N/A      |
| FlexPass**   | \$37.40 | \$71.40  | \$92.65  | \$124.10 | N/A      |

\*Fare prices as of July 2026

\*\*20 one-way adult tickets between origin & destination, at a 15% discount

## Local Bus Routes

Visit [njtransit.com](https://www.njtransit.com) to view timetables.

| Route | Bus                                                        |
|-------|------------------------------------------------------------|
| 801   | Metropark Loops                                            |
| 802   | Metropark Loops                                            |
| 803   | Metropark Loops                                            |
| 804   | Metropark Loops                                            |
| 805   | Metropark Loops                                            |
| 810   | New Brunswick – Woodbridge Center                          |
| 811   | New Brunswick – South River                                |
| 813   | Perth Amboy – Middlesex County College                     |
| 814   | North Brunswick – New Brunswick – Middlesex County College |
| 815   | New Brunswick – East Brunswick – Woodbridge Center         |
| 817   | Perth Amboy – Campbell's Junction                          |
| 818   | New Brunswick – East Brunswick – Old Bridge                |
| 819   | Piscataway – Plainfield – Metuchen – South Plainfield      |
| 600   | Trenton – Plainsboro (US 1 Corridor)                       |

## Regional & NY Bus Routes

Visit [njtransit.com](https://www.njtransit.com) to view timetables.

| Route    | Bus                                                   |
|----------|-------------------------------------------------------|
| 48       | Elizabeth – Woodbridge – Perth Amboy                  |
| 59       | Plainfield – Newark                                   |
| 63/64*   | Lakewood – Jersey City – Weehawken                    |
| 65       | Newark – Mountainside – Somerville                    |
| 67*      | Toms River – Lakewood – Newark                        |
| 68*      | Old Bridge – East Brunswick – Jersey City – Weehawken |
| 113*     | Dunellen – New York                                   |
| 114*     | Bridgewater – New York                                |
| 115*     | Rahway – New York                                     |
| 116*     | Perth Amboy – New York                                |
| 131/135* | Freehold – Sayreville – Old Bridge – New York         |
| 133      | Old Bridge – Aberdeen – New York                      |
| 138*     | Old Bridge – East Brunswick – New York                |
| 139*     | Lakewood – Old Bridge – New York                      |

\*Full-service bus

# NJ TRANSIT MyBus

MyBus provides real-time information on when your bus will be arriving at your stop.

- 1 Find the MyBus sign below the NJ TRANSIT bus stop sign.
- 2 Identify the bus stop number.
- 3 Use the NJ TRANSIT app, call 973-275-5555, or text your bus stop number to mybus (69287). You will find out what time the next scheduled bus will arrive at that stop.



All bus stops in New Brunswick use NaviLens technology. Those who are blind or have low vision can scan the multicolored QR code from up to 60 feet away to find out next bus arrivals, service status, and directions through audio messages.

Learn more at  
[njtransit.com/navilens](http://njtransit.com/navilens).



# Boarding the Bus

- 1** Arrive at your bus stop at least 5 minutes before the scheduled departure time. Check the bus stop sign to confirm that your bus route serves that stop.
- 2** When you see your bus approaching, raise your arm and wave to signal to the driver that you would like to board. Otherwise, the driver might not stop.
- 3** Many bus stops serve multiple routes, so be sure to board the correct bus. The route number and destination are displayed on the front of the bus. If you are unsure, ask the bus operator before boarding.
- 4** As you are boarding, tell the driver where you are going, so they can confirm how many zones you need to travel, and pay the fare.



All NJ TRANSIT buses can lower the front entrance ("kneel") to make boarding easier. If you need this assistance, let the bus operator know before boarding.

For those using wheelchairs or other mobility devices, all NJ TRANSIT buses are also equipped with lifts and ramps.



# Transfers

Sometimes you may need to take more than one bus to reach your destination. If your trip requires two buses, purchase a transfer from the driver when boarding your first bus instead of paying a second full fare.

A full fare transfer is \$0.85, and a reduced fare transfer is \$0.40.

If you are traveling more than one zone after transferring, you will need to pay an override fee on the second bus.

If you are transferring more than once, you must pay the full fare on the third bus, as you cannot use a transfer ticket to buy another transfer ticket.



**Transfer tickets must be used within 2 hours.**



To request a stop, press the signal strip above your seat or the red "stop" button.

# Bikes on the Bus

Most NJ TRANSIT buses in Central and Northern NJ have front mounted bike racks.

- Each rack holds up to 2 bikes.
- If the rack is full, wait for the next bus.
- Folding bikes may be brought onboard.

## Using the Bike Rack:

1. Tell the driver you will be loading a bike.
2. Place your bike on the rack and secure it using the support arm.
3. Tell the driver before unloading your bike.
4. Remove your bike and return the rack to its upright position if empty.

## Personal Electric Vehicles (PEVs):

- PEVs must be powered off during transport.
- Riding and charging are prohibited.
- Hoverboards and shared/rental devices (e.g., Citi Bike, Lime, Bird) are not permitted.
- Foldable PEVs must be folded.
- Size and weight restrictions apply.



**Bikes are not permitted on buses going into New York City.**



# NJ TRANSIT Reduced Fare Program

If you are 62 and older, have a disability, or are in the military, you can **save 50% or more** on NJ TRANSIT tickets and passes for buses, trains, and light rail systems. To receive this discount, you will need to show the bus driver proof of your age. Valid IDs for seniors must include your date of birth and be issued by a government, social service, or mass transportation agency.

When you board the bus, show the driver your NJ TRANSIT Reduced Fare ID or Medicare Card.



If you are a passenger with a disability or do not have a qualifying form of identification, you need to sign up for a NJ TRANSIT Reduced Fare Card. Reduced Fare Cards are valid for four years. **Those who are eligible for Access Link automatically qualify for the Reduced Fare Program.**



**Reduced Fare Cards cannot be used on Access Link.**

For more information and to apply, visit [njtransit.com/schedules-and-fares/reduced-fare-program](https://njtransit.com/schedules-and-fares/reduced-fare-program) or call the Reduced Fare Office at [973-491-7112](tel:9734917112).

# Access Link ADA Paratransit

NJ TRANSIT Access Link provides curb-to-curb transportation for people with disabilities who are unable to use local bus or light rail service. Trips must begin and end within  $\frac{3}{4}$  mile of a NJ TRANSIT local bus route or light rail line, and service is available during the same days and hours as the corresponding fixed-route service. All Access Link vans are wheelchair accessible. Access Link drivers must verbally announce every scheduled stop.

**Fare:** The fare is the same as the local fixed-route bus fare.

**Eligibility:** To determine eligibility, applicants must complete an interview and provide documentation of their disability. To begin the application process, call 973-491-4224 and select Option 1.

**Scheduling A Trip:** Eligible riders can schedule trips through the Access Link app, online, or by calling 973-491-4224 and selecting Option 2.



**You must reserve your ride at least 24 hours, but no more than 7 days, before your trip.**



# Riders' Choice Pilot Program by Access Link

The Riders' Choice Pilot Program is a supplemental rideshare service for NJ TRANSIT Access Link customers.

NJ TRANSIT contracts out to rideshare services like Via and UZURV. There are some wheelchair accessible vehicles. You pay the same fee as you would for an Access Link shuttle.

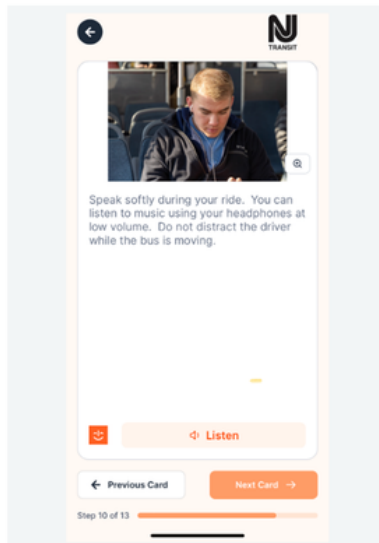
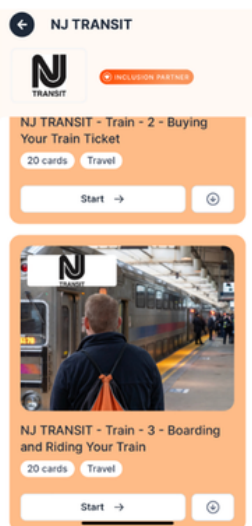
To be eligible, you must have been an Access Link customer for 6 months and have taken at least 24 rides.

If you have any questions or need help applying, email [accesslinkaltservices@njtransit.com](mailto:accesslinkaltservices@njtransit.com) or leave a voicemail at [973-491-4297](tel:973-491-4297).

# Accessibility Feature: Magnusmode

NJ TRANSIT partnered with Magnusmode to create 15 MagnusCards decks to help neurodivergent and autistic people navigate public transit step by step. The card decks use simple and clear instructions accompanied by pictures, sounds, and rewards, helping you plan a trip, buy a ticket, board and ride a bus or train, ride with a mobility device, and have a safe trip.

Learn more at [njtransit.com/magnusmode](https://njtransit.com/magnusmode).



# NJTIP @ RUTGERS

Through one-on-one and small group travel instruction, the New Jersey Travel Independence Program aims to increase the independence and self-sufficiency of people with disabilities and older adults by empowering them and providing them with the tools to use the public transit system safely and successfully. One-on-one instruction is available free of charge to those who have applied to Access Link, except those with visual impairments.



To learn more about this program, visit [vtc.rutgers.edu/njtip](https://vtc.rutgers.edu/njtip).

KMM can coordinate travel instruction services for your group. Contact us at [732-745-4465](tel:732-745-4465).

# MIDDLESEX COUNTY RIDE

RIDE is Middlesex County's transportation service, offered through the Department of Transportation. Middlesex County RIDE has wheelchair accessible vehicles. RIDE services include RIDE Routes, RIDE Reservations, and RIDE On Demand.

## RIDE Routes

RIDE Routes is a Deviated Route Shuttle service, which operate every two hours, Monday to Friday, 6:45 a.m. to 6:35 p.m. Two routes are available: **M1**, serving New Brunswick, North Brunswick, Monroe, and Jamesburg; and **M7**, serving South Amboy, Sayreville, Old Bridge, South River, and East Brunswick. Both connect with local bus and rail services.

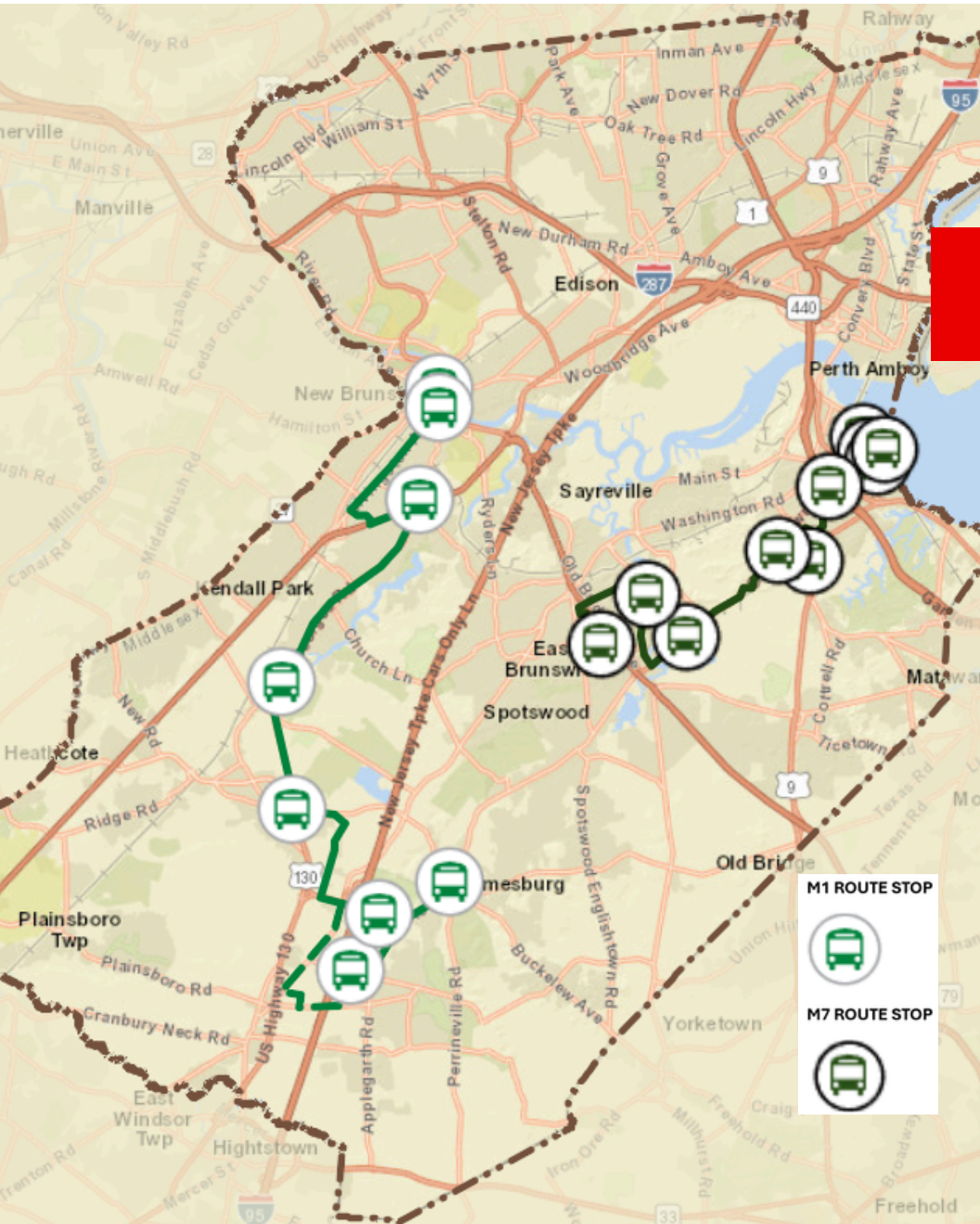
**Fare:** The suggested fare is \$1 or \$0.50 for seniors and people with disabilities.

**Eligibility:** Open to all ages

**Scheduling a trip:** No reservation is required, but if you would like to request a route deviation of up to  $\frac{3}{4}$  of a mile off route, you must call 800-221-3520 24 hours in advance.

Learn about low-cost transportation options at [middlesexcountynj.gov/government/departments/departments-of-transportation/middlesex-county-ride](http://middlesexcountynj.gov/government/departments/departments-of-transportation/middlesex-county-ride).

# RIDE M1 and M7 Routes



## RIDE Reservations

RIDE Reservations is a curb-to-curb shared ride service for older adults and people with disabilities. Your destination can be anywhere in Middlesex County and up to 5 miles outside of the County. This service runs Monday to Friday, 9 a.m. to 4:30 p.m.

**Fare:** The fare is \$3 one way via transportation credits.

**Eligibility:** Those aged 60 and up and people with disabilities aged 18 and up

**Scheduling a trip:** You must reserve your ride at least 4 full business days in advance. To make a reservation or purchase credits, call 800-221-3520.



**Cash is not accepted on RIDE Reservations. Transportation credits must be purchased in advance of the trip.**



Before booking with RIDE, check your municipal transportation options.



## RIDE On Demand

RIDE On Demand is a shared-ride service currently available in New Brunswick and parts of North Brunswick. Service is available seven days a week: Monday to Friday, 6 a.m. to 10 p.m., and Saturday and Sunday, 9 a.m. to 6 p.m.

**Fare:** The fare is \$3 per ride, plus \$3 for each additional passenger.

**Eligibility:** It is open to all ages. Riders must be 13 or older to ride alone. Children under 13 must be accompanied by a parent or guardian.

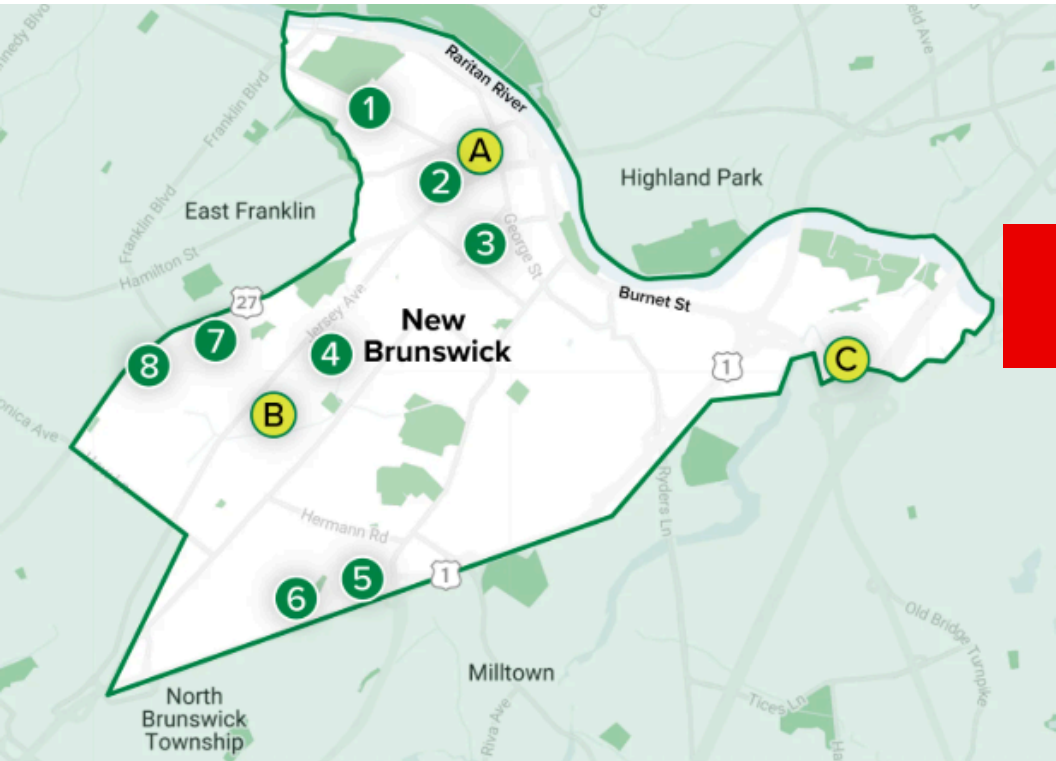
**Scheduling a trip:** Rides can be booked through the Middlesex County RIDE On Demand app or by calling 732-655-6600. To book a ride in the app, enter your pickup and drop-off locations and select “Book This Ride.” The app will display your designated pickup location. Because RIDE On Demand operates as a corner-to-corner service, your pickup location may be a short walk from your starting point.



Riders who need a wheelchair-accessible vehicle can make a request through the app, complete the online accessibility request form, or call 732-655-6600. Once approved, riders will be eligible for door-to-door service.

For more information on low-cost rides in New and North Brunswick, visit [city.ridewithvia.com/middlesex](http://city.ridewithvia.com/middlesex).

## RIDE On Demand Service Area\*



### Popular Destinations:

- |                                                  |                                     |
|--------------------------------------------------|-------------------------------------|
| <b>1</b> Saint Peter's University Hospital       | <b>6</b> Walmart                    |
| <b>2</b> Robert Wood Johnson University Hospital | <b>7</b> ALDI                       |
| <b>3</b> New Brunswick Free Public Library       | <b>8</b> New Brunswick High School  |
| <b>4</b> Youth Sports Complex & Teen Center      | <b>Transit Hubs:</b>                |
| <b>5</b> Trader Joe's                            | <b>A</b> New Brunswick (NJ Transit) |
|                                                  | <b>B</b> Jersey Avenue (NJ Transit) |
|                                                  | <b>C</b> Neilson Plaza (Coach USA)  |

\*You are not limited to these destinations.

## Veterans Transportation

Middlesex County RIDE provides transportation for veterans traveling to Veterans Affairs (VA) medical appointments.

### Service Area:

- Middlesex County VA medical facilities: Monday to Friday
- Lyons VA Medical Center: Tuesday and Thursday
- East Orange VA Medical Center: Monday, Wednesday, and Friday

**Contact Information:** 800-221-3520 or 732-745-7456

Veterans traveling to approved VA healthcare appointments may be eligible for reimbursement from the U.S. Department of Veterans Affairs. Eligibility requirements apply. Learn more about VA healthcare transportation benefits at [va.gov/resources](https://va.gov/resources).



# MORE BUS SERVICES

## Academy Bus

**Fare:** Depends on zone; honors NJ TRANSIT Reduced Fare cards. Costs more if paying by cash

**Eligibility:** Anyone

**Service Area:** Stops in Old Bridge, South Amboy, and South Brunswick to New York City

**Availability:** Monday to Friday

**Wheelchair Accessible?** Yes

**Contact Information:** 800-442-7272

**Website:** [academybus.com](http://academybus.com)

## Coach USA/Suburban Transit\* – Lines 100, 300, 400, 500, 600

**Fare:** Depends on zone. Seniors, children, and disabled passengers receive a discount.

**Eligibility:** Anyone

**Service Area:** East Brunswick, New Brunswick, North Brunswick, South Brunswick, Monroe Township to Jersey City & New York City

**Availability:** 7 days a week. Runs hourly

**Wheelchair Accessible?** Yes

**Contact Information:** 866-912-6224

**Website:** [coachusa.com](http://coachusa.com)

*\*NJ TRANSIT contracts some service to Coach USA/Suburban Transit. For certain NJ TRANSIT local bus routes, you may see a Coach USA bus instead of a NJ TRANSIT bus. Learn more at [njtransit.com/private-carriers](http://njtransit.com/private-carriers).*

## Greyhound/FlixBus

**Fare:** Depends on day, time, and destination

**Eligibility:** Anyone

**Service Area:** Stops in New Brunswick. Travels to major cities across the country

**Availability:** 7 days a week

**Wheelchair Accessible?** Yes

**Contact Information:** Greyhound: 800-231-2222

FlixBus Customer Service: 855-626-8585

**Websites:** greyhound.com

flixbus.com

## OurBus

**Fare:** Depends on day, time, and destination

**Eligibility:** Anyone

**Service Area:** Multiple stops in Middlesex County to multiple locations. Check the website for specific information.

**Availability:** 7 days a week

**Wheelchair Accessible?** Yes, but give 48 hours' advance notice

**Contact Information:** 844-800-6828

**Website:** ourbus.com

# Perth Amboy Hometown Trolley

Provided by the City of Perth Amboy  
732-826-0290

**Fare:** Free

**Eligibility:** Anyone

**Service Area:** Perth Amboy

**Availability:** Seasonal (May to September).  
Thursday to Sunday, 10 a.m. to 6 p.m. Full route takes  
about an hour and travels in a continuous loop.

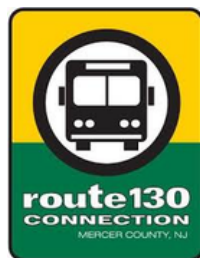
**Wheelchair Accessible?** Yes

**Website:** [perthamboytrolley.my.canva.site](http://perthamboytrolley.my.canva.site)



## Route 130 Connection

Provided by Mercer County  
609-989-6827



**Fare:** \$1 one way

**Eligibility:** Anyone

**Service Area:** Mercer County, as well as Cranbury and Monroe. This service connects to RIDE M1 Shuttle in Cranbury and Monroe.

**Availability:** Monday to Friday, 2 a.m. to 8:02 p.m. Saturday buses do not go to Cranbury or Monroe.

**Wheelchair Accessible?** Yes, but must request a pickup 24 hours in advance

**Route Deviation:** To request a route deviation of up to 0.2 miles, call the number above Monday to Friday, 8:30 a.m. to 4 p.m.

**Website:** [mercercounty.org/departments/one-stop-career-center/route-130-connection](http://mercercounty.org/departments/one-stop-career-center/route-130-connection)

# Rutgers Campus Buses

Provided by Rutgers University Institutional Planning and Operations\*

848-445-1234

Rutgers University operates 13 **free** bus routes connecting Cook/Douglass, Busch, and Livingston campuses in New Brunswick and Piscataway. Buses are **open to the public**, and are wheelchair accessible, with low floor or lift equipped platforms.

## Operating Hours:

- Monday to Thursday, 6 a.m. to 3:30 a.m. (every 5 to 25 minutes)
- Friday to Sunday, 24 hours a day (every 20 to 60 minutes)

**Website:** To access bus schedules, visit [ipo.rutgers.edu/transportation/buses/nb](http://ipo.rutgers.edu/transportation/buses/nb).



*\*Operated by Academy Bus*

# Somerset County Shuttles

Provided by Somerset County Division of  
Transportation  
908-231-7115

Somerset County offers shuttle services that stop in New Brunswick, the **DASH 851 & 852** and **CAT - 1R**. The DASH 851 and 852 connect to the RIDE M1 shuttle.

**Fare:** \$2 one way. Children under 5 can ride for free if accompanied by an adult.

**Eligibility:** Anyone

**Service Area:** New Brunswick, Bound Brook, Franklin Township, Bound Brook, Somerville, Raritan, Branchburg

**Availability:** Monday to Friday, 6 a.m. to 7:30 p.m.

**Wheelchair Accessible?** Yes

**Route Deviation:** If you would like to request a route deviation (up to  $\frac{3}{4}$  of a mile off route), you must call Somerset County Transportation 24 hours in advance.

**Website:** For shuttle schedules, visit [somersetcountynj.gov/government/public-works/transportation/county-shuttle-schedules](https://somersetcountynj.gov/government/public-works/transportation/county-shuttle-schedules).

# TigerTransit

Provided by Princeton University

Dispatch: 609-258-9401

While TigerTransit operates nine routes, only the Route 3 bus stops in Plainsboro.

**Fare:** Free

**Eligibility:** Anyone

**Service Area:** Princeton University campus and surrounding area, including Plainsboro

**Availability:** Monday to Friday, 7 a.m. to 7 p.m.

**Wheelchair Accessible?** Yes

**Website:** [transportation.princeton.edu/getting-around/tigertransit](https://transportation.princeton.edu/getting-around/tigertransit)



# RIDING THE TRAIN

There are several options for traveling by train in Middlesex County. In this section, you will find information on NJ TRANSIT and Amtrak routes which serve New Jersey, Philadelphia, New York City, and more. You will also find information on routes, fares, schedules, station amenities, and accessibility.



## QUICK TIPS

When possible, purchase your train ticket before boarding the train. On NJ TRANSIT trains, onboard ticket purchase is cash-only, and a \$5 surcharge applies if ticket vending machines or ticket agents are available.



# NJ TRANSIT

In Middlesex County, NJ TRANSIT provides service along the Northeast Corridor rail line between New York City and Trenton, the North Jersey Coast Line between New York City and Bay Head, and the Raritan Valley Line between New York City and High Bridge.

The following NJ TRANSIT stations are in Middlesex County:

| Northeast Corridor                                                                                         | North Jersey Coast Line                                                                                    | Raritan Valley Line |
|------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|---------------------|
| Jersey Avenue Station                                                                                      | South Amboy Station       | Dunellen Station    |
| New Brunswick Station*  | Perth Amboy Station  ** |                     |
| Edison Station          | Woodbridge Station      |                     |
| Metuchen Station        | Avenel Station                                                                                             |                     |
| Metropark Station*      |                                                                                                            |                     |

*\*Also serves Amtrak    \*\*Partially accessible*

# Timetables

You can find timetables for all train lines on [njtransit.com/train-to](https://www.njtransit.com/train-to) or posted at most major train stations. Learn how to read a timetable by following these steps and practice with the example on the next page.

**1**

Once you know which two stations you are traveling between, locate the timetable for the train line that matches your travel preferences (AM/PM, To/From, Weekday/Weekend).

**2**

Find your origin station in the left-hand column and follow the line to the right until you reach your desired departure time.

**3**

To find out your arrival time, start at the departure time and follow the column down until you reach the time next to your destination.



Not all NJ TRANSIT stations are accessible. If you require assistance boarding or exiting the train, please ask a member of the train crew. At all accessible stations, crew can provide bridge plates between the train and the platform.

# Reading a Timetable

**Train Line** ↗

**NORTHEAST CORRIDOR**  
TO NEWARK/NEW YORK ←

**Final Destination** ←

**Train Numbers**

as of 3/15/26  
MONDAY - FRIDAY (except Holidays)

|                             | 3806 | 3808 | 3204 | 3700 | 3910 | 3810 | 3208 | 3702 | 3812 | 3704 | 3210 | 3914 | 3814 | 3706 | 3918 | 3708 | 3920 | 3818 | 3124 | 3922 | 3710 | 3502 | 3924 |
|-----------------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| Departing from:             |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |
| via SEPTA from Philadelphia |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |
| Jefferson Station           |      |      |      |      | 3:55 |      |      |      |      |      |      | 4:35 |      |      |      |      |      |      |      |      |      |      | 5:45 |
| Suburban Station            |      |      |      |      | 4:00 |      |      |      |      |      |      | 4:40 |      |      |      |      | 5:20 |      |      |      |      |      | 5:50 |
| 30th Street Station         |      |      |      |      | 4:05 |      |      |      |      |      |      | 4:45 |      |      |      |      | 5:25 |      |      |      |      |      | 5:55 |
| arrive TRENTON              |      |      |      |      | 5:00 |      |      |      |      |      |      | 5:40 |      |      |      |      | 6:20 |      |      |      |      |      | 6:50 |
| <b>TRENTON</b>              |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |
| Hamilton                    | 3:47 | 4:17 |      |      | 5:06 | 4:51 |      | 5:32 |      |      |      | 6:03 | 5:43 |      | 6:23 |      | 6:33 | 6:11 |      | 6:53 |      |      | 7:11 |
| via Princeton Shuttle       |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |
| arrive Princeton Junction   |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |
| Princeton Junction          | 3:53 | 4:23 |      |      | 5:13 | 4:57 |      | 5:38 |      |      |      | 6:09 | 5:49 |      | 6:30 |      | 6:40 | 6:17 |      | 7:00 |      |      | 7:18 |
| Jersey Avenue               |      |      |      | 5:00 |      |      | 5:23 |      |      |      |      |      |      | 6:16 |      |      |      |      |      |      |      |      |      |
| New Brunswick               | 4:13 | 4:44 |      | 5:05 | 5:18 |      | 5:30 | 6:00 | 5:51 |      |      |      | 6:11 | 6:24 |      | 6:46 |      | 6:40 | 7:03 |      |      |      |      |
| Edison                      | 4:17 | 4:48 |      | 5:09 | 5:23 |      | 5:35 | 6:04 | 5:56 |      |      |      | 6:15 | 6:29 |      | 6:51 |      | 6:45 | 7:08 |      |      |      |      |
| Metuchen                    | 4:22 | 4:53 |      | 5:14 | 5:28 |      | 5:40 | 6:09 | 6:01 |      |      |      | 6:20 | 6:34 |      | 6:56 |      | 6:50 | 7:13 |      |      |      |      |
| Metropark                   | 4:26 | 4:58 |      | 5:19 | 5:32 |      | 5:44 | 6:14 | 6:05 |      |      |      | 6:25 | 6:40 |      | 7:01 |      | 6:55 | 7:19 |      |      |      |      |
| Rahway                      | 4:33 |      | 5:20 | 5:25 |      | 5:44 | 5:51 | 6:12 | 6:26 |      |      |      | 6:31 |      |      |      | 7:02 |      |      |      |      |      | 7:30 |
| Linden                      | 4:37 |      |      | 5:29 |      | 5:55 |      | 6:16 |      |      |      |      | 6:42 |      |      |      |      |      |      |      |      |      | 7:35 |
| Elizabeth                   | 4:43 |      |      | 5:35 |      | 6:01 |      | 6:22 |      |      |      |      | 6:45 |      |      |      |      |      |      |      |      |      | 7:44 |
| North Elizabeth             | 4:46 |      |      | 5:38 |      | 6:04 |      | 6:25 |      |      |      |      | 6:48 |      |      |      |      |      |      |      |      |      | 7:47 |
| Newark Int'l. Airport       | 4:50 | 5:12 | 5:30 | 5:41 |      | 5:46 | 6:08 |      | 6:29 |      |      |      | 6:48 |      |      |      |      |      |      |      |      |      | 7:51 |
| <b>NEWARK PENN STATION</b>  | 4:58 | 5:19 | 5:37 | 5:47 | 5:54 | 5:52 | 5:58 | 6:15 | 6:32 | 6:36 | 6:43 | 6:50 | 6:54 | 6:59 | 7:12 | 7:19 | 7:22 | 7:32 | 7:37 | 7:43 | 7:48 | 7:58 | 8:02 |
| via PATH                    |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |
| arrive World Trade Center   | 5:15 | 5:30 | 5:45 | 5:56 | 6:01 | 6:01 | 6:08 | 6:21 | 6:41 | 6:41 | 6:51 | 6:56 | 7:01 | 7:06 | 7:21 | 7:26 | 7:31 | 7:41 | 7:46 | 7:51 | 7:56 | 8:06 | 8:11 |
| Secaucus Junction           | 5:40 | 5:55 | 5:10 | 6:21 | 6:26 | 6:26 | 6:31 | 6:46 | 7:06 | 7:06 | 7:16 | 7:21 | 7:26 | 7:31 | 7:46 | 7:51 | 7:56 | 8:06 | 8:11 | 8:16 | 8:21 | 8:31 | 8:36 |
| NEW YORK                    | 5:03 | 5:27 | 5:44 | 5:54 |      | 6:00 | 6:06 | 6:23 | 6:39 |      | 6:50 | 6:57 | 7:01 |      | 7:20 |      | 7:30 | 7:40 |      | 7:51 | 7:55 | 8:05 | 8:09 |
|                             | 5:18 | 5:40 | 5:58 | 6:07 | 6:12 | 6:14 | 6:19 | 6:35 | 6:52 | 6:54 | 7:03 | 7:10 | 7:14 | 7:17 | 7:34 | 7:37 | 7:44 | 7:53 | 7:55 | 8:05 | 8:10 | 8:20 | 8:22 |

↙ **Departure Stations**

↘ **Departure Times**

# Buying a Train Ticket

Train fares are based on how far you travel (origin and destination). Riders enrolled in the NJ TRANSIT Reduced Fare Program (see page 35) receive 50% off all train tickets.

Tickets can be purchased:

- At station Ticket Offices or Ticket Vending Machines (TVMs)
- Through the NJ TRANSIT app
- Online via Web Ticketing

Ticket Offices are found at most major rail stations, and TVMs are available at every rail station. Verify Ticket Office locations and hours on [njtransit.com/station-park-ride-to](https://njtransit.com/station-park-ride-to).



**One-way train tickets have a 30-day expiration date.**

**Mobile and online tickets must be activated before boarding. Keep your paper ticket available as a conductor may ask to see it.**



## QUICK TIPS

If you commute by train regularly, you may want to invest in weekly or monthly passes for unlimited trips between two rail stations.

# Sample Fare Chart\*

Train Line: Northeast Corridor  
Origin: Jersey Ave. Station  
To Newark/New York

| DESTINATION                          | Adult One-Way | Reduced Fare | Weekly   | Monthly  |
|--------------------------------------|---------------|--------------|----------|----------|
| New Brunswick                        | \$2.65        | \$1.20       | \$21.50  | \$73.00  |
| Edison                               |               |              |          |          |
| Metuchen                             |               |              |          |          |
| Metropark                            | \$3.65        | \$1.55       | \$29.50  | \$98.00  |
| Rahway                               | \$5.05        | \$2.25       | \$46.00  | \$152.00 |
| Linden                               | \$6.05        | \$2.90       | \$53.00  | \$175.00 |
| Elizabeth                            | \$7.85        | \$3.65       | \$66.00  | \$222.00 |
| North Elizabeth                      |               |              |          |          |
| Newark Liberty International Airport | \$20.55       | \$14.05      | N/A      | \$328.00 |
| Newark Penn Station                  | \$11.80       | \$5.30       | \$99.50  | \$328.00 |
| Secaucus Junction                    | \$17.00       | \$7.55       | \$146.00 | \$477.00 |
| New York Penn Station                |               |              |          |          |

\*Fare prices as of July 2026

# NJ TRANSIT

## DepartureVision

NJ TRANSIT's DepartureVision tool in the NJ TRANSIT app provides real-time information on when trains will be arriving at your station.

To use DepartureVision, follow these steps:

- 1** In the NJ Transit app, under "Nearby & Schedules" tap the Train icon.
- 2** You can type in a specific station using the Search feature at the top, or you can select a nearby station the app suggests based on your location. Tap on the selected station to see upcoming trains.
- 3** A screen will display upcoming trains, the track they will arrive on, and how long it is estimated until the train arrives. You can tap on a train to see what other stations that train will stop at.

# Boarding the Train

- 1** Arrive at your station at least 5 minutes before the scheduled departure time. Provide additional time if you need to purchase your ticket there. Check train schedules posted at the station to make sure the next train stops at your destination.
- 2** Listen for announcements and check the DepartureVision screens for approaching trains. Always stand behind the yellow line on the platform until the train is fully stopped with its doors open. Make sure that the train you are boarding stops at the station you want to go to. If you are unsure, ask a crew member standing on the platform before boarding.
- 3** Board the train carefully. At accessible stations, be careful of the gap between the train and the platform. At inaccessible stations, use handrails when going up and down steps when entering or leaving the train.
- 4** Once on the train, find a seat. If you are in a wheelchair, some seats can be flipped to provide additional space for your wheelchair. Have your ticket ready for inspection by a member of the train crew when on the train.

# On the Train & Exiting

When you are on the train, pay attention to announcements for each station stop. NJ TRANSIT trains have onboard screens that display the train's next stop, and crew members will make announcements between each station.

When the train arrives at your destination station, watch the gap between the train and the platform at accessible stations and use handrails when using steps at inaccessible stations. Once you are off the train, stay clear of the platform edge. There will be signs directing you to exits from the station.



**Not all doors will open at every station stop. Listen to crew announcements. You may need to relocate to different car of the train to exit at your station. If you are unsure, ask a member of the train crew for help.**



# Bikes on the Train

Folding bikes are always permitted on NJ TRANSIT trains. When possible, they should be stored in the overhead luggage rack.



**Personal Electric Vehicles (PEVs)** must be powered off during transport. Riding, charging, hoverboards, and shared/rental devices (e.g., Citi Bike, Lime, Bird) are prohibited. Foldable PEVs must be folded, and all devices must meet NJ TRANSIT size and weight limits.

## Weekdays

Non-folding bikes are allowed on all trains except peak-hour trains to Newark, Hoboken, and New York (6 a.m. to 10 a.m.) and peak-hour trains departing from Newark, Hoboken, and New York (4 p.m. to 7 p.m.).

## Weekends

On Raritan Valley Line trains, non-folding bikes are allowed at all times. On Northeast Corridor and North Jersey Coast Line trains, non-folding bikes are allowed except on trains arriving in New York between 9 a.m. and 12 p.m. and departing from New York between 5 p.m. and 8 p.m.

## Holidays

Non-folding bikes are not permitted on trains.

# Bike Lockers

If you do not need to bring your bike to your destination, or if you are traveling during peak periods when bikes may not be permitted on trains, bike lockers are available at select train stations.

**Locations:** Dunellen, Edison, Metropark, New Brunswick, Old Bridge Park & Ride, and South Amboy

**Fee:** \$7.50 per month (6 month minimum) and \$50 refundable key deposit

**Contact:** Call [732-745-4465](tel:732-745-4465) or visit [kmm.org](http://kmm.org)

**Note:** Some locations may have a waiting list.

**Metuchen Station North Lot:** \$120 a year with a \$50 key deposit. Contact Metuchen Parking Authority at [732-632-8540](tel:732-632-8540).



Free bike racks are available at all train stations in Middlesex County for daily use. Make sure to bring your own lock.

# AMTRAK

Amtrak serves two stations in Middlesex County: **Metropark** and **New Brunswick**. Middlesex County is served by the Northeast Regional (Boston to Virginia) and Keystone Service (New York City to Harrisburg, PA, by way of Philadelphia) routes.

Access schedules and buy tickets at [amtrak.com](https://www.amtrak.com).



Zipcar car rental service is available at Metropark Station.



## QUICK TIPS

Need to get to Newark Liberty International Airport? You can take the NJ TRANSIT Northeast Corridor or North Jersey Coast Line, or you can take Amtrak. From there, you can take the AirTrain to your terminal. Within the airport, the AirTrain is free, but **don't get rid of your NJ TRANSIT or Amtrak ticket**, because you will need it to pass through the RailLink Station at the airport.



# NY WATERWAY FERRY

Looking for a different way to get to New York City? Consider taking the ferry from South Amboy, operated by NY Waterway. Ferry and connecting shuttle buses are wheelchair accessible.

## **Routes from South Amboy (Monday to Friday only):**

- Midtown / W. 39th St.
- Brookfield Place Terminal
- Pier 11 / Wall St.

## **Fares:**

- Adults: \$19 one-way
- Older adults (62+) & people with disabilities: \$18 one-way
- Children 12 and under: Free

## **Free Connections:**

- Free transfers to Weehawken, Hoboken, and Jersey City
- Free connecting buses in New York City

## **Tickets:**

Purchase at the terminal (cash, credit, or debit) or through the NY Waterway app.

Find route schedules on [nywaterway.com](https://nywaterway.com).



# OLDER ADULT MUNICIPAL TRANSPORTATION SERVICES



No matter your ability, there are ways to get you to your destination reliably, affordably, and safely. You are not just limited to NJ TRANSIT or Middlesex County RIDE. You have options!

Many senior centers and municipal offices on aging offer free or low-cost transportation to eligible residents. These services may also be open to adults (18+) with disabilities. Many, but not all, services require a Senior Center membership, and you must be a resident of the municipality to use its transportation.

Unless otherwise noted, these services will pick you up from your residence.



**Cranbury, Helmetta, and Jamesburg currently do not offer transportation services. If you reside in one of these communities, please refer to Middlesex County RIDE.**



## Carteret Office on Aging

100 Cooke Avenue, Carteret, NJ 07008  
732-541-3890

**Fare:** Free

**Eligibility:** Carteret Office on Aging members (55+)

**Service Area:** Carteret

**Destination:** In-town medical providers, supermarkets, malls, and social/recreational events listed on senior calendar

**Advance Reservation?** Yes, at least 48 hours for medical transportation

**Availability:** Hours are subject to change. Please call to confirm availability.

**Wheelchair Accessible?** Yes

**Website:** [carteret.net/health-department](http://carteret.net/health-department)

# Dunellen Senior Center



216 Orange Street, Dunellen, NJ 08812

732-968-3033

Senior Bus Reservations: 732-968-1226

**Fare:** Free

**Eligibility:** Dunellen older adult residents (62+) and adult residents with disabilities (18+). The Senior Bus requires an application, found on the website below.

**Service Area:** Dunellen and surrounding towns

**Destination:** Medical appointments, grocery stores, convenience stores, Senior Center

**Advance Reservation?** Yes, at least 48 hours. To make a reservation, call Monday to Friday, 9 a.m. to 1 p.m.

**Availability:** Medical appointments must be between 9 a.m. and 11:45 a.m. on Monday and Tuesday. On Wednesday and Thursday, there are shopping trips.

**Wheelchair Accessible?** Yes

**Website:** [dunellen-nj.gov/about\\_dunellen/seniors\\_and\\_disabled\\_community\\_members/index.php](http://dunellen-nj.gov/about_dunellen/seniors_and_disabled_community_members/index.php)

# East Brunswick Senior Center



3 Civic Center Drive, East Brunswick, NJ 08816  
732-390-6896

**Fare:** Free

**Eligibility:** Registered East Brunswick Senior Center members (60+)

**Service Area:** East Brunswick

**Destination:** Senior Center, grocery shopping, medical appointments in East Brunswick only

**Advance Reservation?** Yes, day of between 8 a.m. and 9 a.m. for Senior Center and grocery shopping transportation; at least 2, but no more than 30, business days for medical transportation

**Availability:** Senior Center transportation is Monday to Friday, 9:30 a.m. to 2:30 p.m. Shopping trips are Tuesday and Thursday at 12:15 p.m.

**Wheelchair Accessible?** Buses to the Senior Center are equipped with lifts; medical transportation vehicles are not wheelchair accessible.

**Website:** [eastbrunswick.org/157/Transportation](http://eastbrunswick.org/157/Transportation)

# Edison Senior Citizen Center



2963 Woodbridge Avenue, Edison, NJ 08817  
732-248-7345

**Fare:** Free

**Eligibility:** Edison older adult residents (55+) and adult residents with disabilities (18+) with no other means of transportation

**Service Area:** Edison and Metuchen

**Services:** 1. Medical Transportation, 2. Shopping Transportation, and 3. Edison Dial-A-Ride service to banks, pharmacies, and hairdressers/barbers

**Advance Reservation?** Yes, at least two weeks for medical transportation. No same-day transportation

**Availability:** Medical transportation is Monday to Friday, 9 a.m. to 2:30 p.m. Shopping transportation is once a week, with pick-up time between 9 a.m. and 10 a.m. Edison Dial-A-Ride appointments are available Monday to Friday, 9 a.m. to 1:30 p.m. All appointments must be completed by 2:30 p.m.

**Wheelchair Accessible?** Yes

**Website:**

[edisonnj.org/departments/senior\\_citizen\\_services/transportation\\_service.php](http://edisonnj.org/departments/senior_citizen_services/transportation_service.php)

# Highland Park Community Center



220 S. 6th Avenue, Highland Park, NJ 08904  
732-819-0052

**Fare:** \$20 annual Community Center membership fee, no additional charge for rides

**Eligibility:** Highland Park older adult residents (55+) and adult residents with disabilities (18+) who are Community Center members

**Service Area:** Highland Park, as well as out-of-town medical transportation

**Destination:** Medical appointments, grocery stores, movies, shopping malls, restaurants

**Advance Reservation?** Yes, at least 2 weeks for out-of-town medical transportation, 1 day for non-medical transportation

**Availability:** Daily trip hours are Monday, Wednesday, Thursday, 8 a.m. to 4 p.m.; Tuesday, 8 a.m. to 6 p.m.; and Friday, 8 a.m. to 1 p.m. Medical transportation hours are Monday, Wednesday, Thursday, 8 a.m. to 4 p.m.; and Friday, 8 a.m. to 1 p.m.

**Wheelchair Accessible?** Yes

**Website:** [hpboro.com/departments/community-services/transportation](http://hpboro.com/departments/community-services/transportation)

# Metuchen Senior Citizens Center



15 Center Street, Metuchen, NJ 08840  
732-632-8525

**Fare:** Free

**Eligibility:** Metuchen older adult residents (60+)

**Service Area:** Metuchen; Parsonage Road and James Street in Edison (covers JFK University Medical Center)

**Destination:** Medical appointments, shopping trips, hair appointments, Senior Center

**Advance Reservation?** Yes, at least 1 day

**Availability:** Monday to Friday, 9:30 a.m. to 2:30 p.m.  
Try to make your medical appointments between 10 a.m. and 1 p.m.

**Wheelchair Accessible?** Yes

**Website:** [metuchennj.org/departments/senior-citizens-center](http://metuchennj.org/departments/senior-citizens-center)



## QUICK TIPS

Metuchen seniors may be eligible for reduced price taxi services. Contact the Senior Center for more information.

# Middlesex Borough Department of Senior & Disabled Services



1400 Mountain Avenue, Middlesex, NJ 08846  
732-356-0414

**Fare:** Free (suggested \$1 donation)

**Eligibility:** Middlesex Borough older adult residents (60+)

**Service Area:** Within a 6-mile radius of Middlesex Borough

**Destination:** Medical appointments, grocery shopping, other essential needs

**Advance Reservation?** Yes, at least 2 weeks for medical appointments

**Availability:** Medical transportation is Monday to Friday, 9 a.m. to 12 p.m., unless the Senior Center is closed. On Tuesday, there is a grocery shopping trip at 9 a.m.

**Wheelchair Accessible?** Yes

**Website:** [middlesexboro-nj.gov/senior-disabled-services](http://middlesexboro-nj.gov/senior-disabled-services)

# Milltown Senior Center

60 Violet Terrace, Milltown, NJ 08850  
732-296-0681



**Fare:** Free

**Eligibility:** Milltown older adult residents (60+)

**Service Area:** Middlesex County

**Destination:** Banks, food stores, local shopping, post office, restaurants, senior events

**Advance Reservation?** Yes, at least 1 to 2 weeks

**Availability:** Tuesday and Wednesday, 9 a.m. to 2 p.m.

**Wheelchair Accessible?** Yes

**Website:** [milltownnj.org/186/Senior-Center](http://milltownnj.org/186/Senior-Center)

# Monroe Township Office of Transportation



12 Halsey Reed Road, Monroe Township, NJ 08831

609-443-0511

Senior Center: 609-448-7140

**Fare:** Free

**Eligibility:** Monroe Township older adult residents (55+) and residents with disabilities who are registered with the Senior Center

**Wheelchair Accessible?** Some (confirm during reservation)

**Website:** Monroe Township Senior Center:  
[mtseniorcenter.com/index.php/transportation](https://mtseniorcenter.com/index.php/transportation)

## In Town Shuttle

**Service Area:** Monroe Township, Jamesburg

**Destination:** Errands (grocery shopping, dry cleaners, bank, etc.)

**Advance Reservation?** Yes, by 4 p.m. the day before

**Availability:** Tuesday and Thursday. Pick-ups start at 10:15 a.m., returns start at 1:30 p.m.

## Out of Town Shopping Bus

**Service Area:** East Windsor

**Destination:** East Windsor Town Center Plaza, Target

**Advance Reservation?** Yes, by 3 p.m. the day before

**Residential Pick-up?** No. Pick up and drop off is on the main street in the adult communities.

**Availability:** Friday morning. 1.5 hours to shop.



**Round-trip transportation to the Senior Center is also available.**

# Monroe Township Office of Transportation (Cont.)



## Medical Transportation

**Service Area:** Monroe, Jamesburg, Cranbury

**Destination:** Medical appointments

**Advance Reservation?** Yes, up to 3 weeks, but no fewer than 5 business days in advance

**Availability:** Trips to Monroe and Jamesburg are Monday to Friday, 9:30 a.m. to 1 p.m. Trips to Cranbury occur Friday, 9:30 a.m. to 11 a.m.

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## Freehold Shuttle Bus Routes A & B

**Fare:** Free

**Eligibility:** Any Monroe Township resident, regardless of age

**Service Area:** Between Monroe and Freehold

**Destination:** Mall, Walmart, shopping centers

**Advance Reservation?** At least one business day required only if you need a wheelchair accessible vehicle or your community is not listed on schedule

**Residential Pick-up?** No. Bus picks up along the main street or at designated bus stops.

**Availability:** Monday to Friday, 8:50 a.m. to 3:20 p.m. Makes 2 morning runs and 2 afternoon runs per day

**Wheelchair Accessible?** Some (confirm during reservation)

**Website:** Office of Transportation:  
[monroetwp.com/index.php/departments/104-transportation](http://monroetwp.com/index.php/departments/104-transportation)

# New Brunswick Senior Citizen Resource Center



81 Huntington Street, New Brunswick, NJ 08901  
732-745-5100

**Fare:** Free

**Eligibility:** New Brunswick Senior Citizen Resource Center members (60+)

**Service Area:** New Brunswick

**Destination:** Senior Citizen Resource Center only

**Advance Reservation?** Yes, by 3 p.m. the day before

**Availability:** Early morning pick-up is 8 a.m. Mid-day transport home is 12:30 p.m. Last transport home is 2 p.m.

**Wheelchair Accessible?** Yes, provide 24 hours' advance notice by calling the Social Worker at 732-745-5090. The day of your trip, call the Reception Desk and tell the receptionist that you need the wheelchair lift.

**Website:**

[cityofnewbrunswick.org/residents/departments/social\\_services/senior\\_citizen\\_resource\\_center/transportation\\_and\\_parking.php](http://cityofnewbrunswick.org/residents/departments/social_services/senior_citizen_resource_center/transportation_and_parking.php)

## New Brunswick (Cont.) Dial-A-Ride



17 Joyce Kilmer Avenue, New Brunswick, NJ 08901  
732-745-5161

**Fare:** Free

**Eligibility:** Low income, disabled, and/or elderly (60+) New Brunswick residents

**Service Area:** Within an 8-mile radius of Dial-A-Ride office

**Destination:** Medical, mental health, and physical therapy appointments; social service agencies; and other essential services

**Advance Reservation?** Yes, at least 2 business days

**Availability:** For medical appointments, Monday to Friday, 8 a.m. to 4 p.m. For social service agencies, Monday to Friday after 11 a.m. For food pantry, Wednesday after 11 a.m.

**Wheelchair Accessible?** Yes

**Website:**

[cityofnewbrunswick.org/residents/departments/social\\_services/dial-a-ride.php](http://cityofnewbrunswick.org/residents/departments/social_services/dial-a-ride.php)

# North Brunswick Senior Center



15 Linwood Place, North Brunswick, NJ 08902

732-418-2222

After hours: 877-396-8080

**Fare:** \$1 one way for transportation to Senior Center. For other trips, \$2 one way if destination is in North Brunswick, and \$3 one way if destination is outside of North Brunswick

**Eligibility:** North Brunswick older adult residents (62+) who medically need transportation

**Service Area:** North Brunswick. Trips for medical appointments can be up to 10 miles each way

**Destination:** Anywhere. This service cannot be used as transportation to work.

**Advance Reservation?** Yes, at least 2 days

**Availability:** Anytime. After hours appointments (4:30 p.m. to 8:30 a.m.) can be made in advance. Limited to 3 trips per week

**Wheelchair Accessible?** No

**Website:**

[northbrunswicknj.gov/programs\\_and\\_service/senior-transportation-information](http://northbrunswicknj.gov/programs_and_service/senior-transportation-information)

# Old Bridge Silver Linings



1 Old Bridge Plaza, Old Bridge, NJ 08857  
732-721-5600 (ext. 6635 for Transportation  
Coordinator)

**Fare:** \$5 one-time fee

**Eligibility:** Old Bridge older adult residents (60+) with  
no other means of transportation

**Service Area:** Old Bridge

**Destination:** Medical transportation is available  
Monday to Friday. On Tuesday, there is a trip to  
ShopRite. On Wednesday, there is a trip to Marlboro  
or Gateway Plaza. On Thursday, there is a trip to  
Walmart. Round-trip transportation to the Senior  
Center is also available.

**Advance Reservation?** Yes, by 12 p.m. the day  
before

**Availability:** Medical appointments must be  
between 9 a.m. and 10 a.m. For shopping trips, pick-  
up starts at 9 a.m. There are two return trips, one at  
12 p.m. and the other at 2:30 p.m. Find scheduled  
trips on the monthly calendar on the website.

**Wheelchair Accessible?** Yes (must have an aide)

**Website:** [oldbridge.com/page/silverlinings](http://oldbridge.com/page/silverlinings)

# Perth Amboy Office on Aging



1 Olive Street, Perth Amboy, NJ 08861  
732-826-1690

**Fare:** Free

**Eligibility:** Perth Amboy Office on Aging members (60+)

**Service Area:** Perth Amboy

**Destination:** Medical appointments, grocery shopping, social outings, Senior Center

**Advance Reservation?** Yes, at least 1 week

**Availability:** Monday to Friday, 8 a.m. to 2 p.m.

**Wheelchair Accessible?** Yes

**Website:**

[perthamboynj.org/government/departments/human\\_services/office\\_on\\_aging](http://perthamboynj.org/government/departments/human_services/office_on_aging)

# Piscataway Senior Center



700 Buena Vista Avenue, Piscataway, NJ 08854  
732-562-1133

Medical Transportation: 732-743-2218

**Fare:** If your destination is in Piscataway, trips are free. If your destination is outside Piscataway, there is a suggested donation of \$10 per round trip.

**Eligibility:** Piscataway Senior Center members (60+)

**Service Area:** Piscataway and surrounding towns

**Destination:** Senior Center, medical appointments, shopping trips (ShopRite, Target, Walmart)

**Advance Reservation?** Yes, at least 24 hours

**Availability:** Medical transportation is Monday to Friday, 8 a.m. to 11:30 a.m. Appointments must be completed by 1 p.m. Shopping trips are Tuesday to Friday.

**Wheelchair Accessible?** No

**Website:**

[piscatawaynj.org/departments/dept\\_on\\_aging/senior\\_center/transportation.php](http://piscatawaynj.org/departments/dept_on_aging/senior_center/transportation.php)

# Plainsboro: RideProvide



A program of Greater Mercer TMA  
609-452-5140

Reservations: 609-452-5144

**Membership Service** (Possible Waitlist): \$40/year for individuals or \$60/year for families. Trip fares \$9 to \$22.50 per person, plus a \$5 surcharge before 8 a.m. Shared rides receive a 15% discount.

**No Membership Required:** Free medical transportation to Princeton Medical Center and RWJ University Hospital Hamilton

**Eligibility:** Plainsboro older adult residents (65+) and visually impaired residents

**Service Area:** Plainsboro, Mercer County, southern portion of Montgomery

**Destination:** Anywhere (within service area)

**Advance Reservation?** Yes, at least 2 business days by phone, 3 business days online

**Availability:** Monday to Friday, 8 a.m. to 5 p.m. If you need a ride outside these hours, RideProvide will work to find a volunteer to drive you.

**Wheelchair Accessible?** No

**Website:** [rideprovide.org](http://rideprovide.org)

# Sayreville Office on Aging



23 Main Street, Sayreville, NJ 08871  
732-390-7058

**Fare:** Free

**Eligibility:** Sayreville older adult residents (60+)

**Service Area:** Sayreville

**Destination:** Medical appointments, ShopRite, Walmart, bank, hair salon, etc.

**Advance Reservation?** Yes, by 3 p.m. the day before

**Availability:** The Around the Town bus makes two trips every weekday except Thursday, at 8:15 a.m. and 10:15 a.m.

**Wheelchair Accessible?** Yes

**Website:** [sayreville.com/cn/webpage.cfm?tpid=11793](http://sayreville.com/cn/webpage.cfm?tpid=11793)

# South Amboy Senior Center



108 S. Stevens Avenue, South Amboy, NJ 08879  
732-525-5960

**Fare:** Free

**Eligibility:** South Amboy Senior Center members (60+). Prospective members must register at the Senior Center.

**Service Area:** Within a 10-mile radius of South Amboy for medical appointments

**Destination:** Medical appointments, shopping trips, grocery stores/farmers market, Senior Center

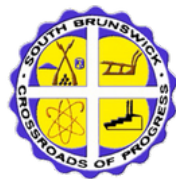
**Advance Reservation?** Yes, at least 2 days

**Availability:** Shopping trips occur four times a week. Find scheduled trips on the Monthly Transportation & Activities Calendar on the website.

**Wheelchair Accessible?** Yes

**Website:** [southamboynj.gov/page/senior-citizen](https://southamboynj.gov/page/senior-citizen)

## South Brunswick Office on Aging



540 Ridge Road, Monmouth Junction, NJ 08852  
732-329-4000 (ext. 7363 for Transportation)

**Fare:** \$0.50 one way

**Eligibility:** South Brunswick Senior Center members (55+) and adult residents with disabilities (18+) with no other means of transportation

**Service Area:** South Brunswick, limited outside city

**Destination:** Medical appointments, Senior Center, shopping trips/errand runs

**Advance Reservation?** Yes, by 4 p.m. the day before for Senior Center trips and at least 2 weeks for medical transportation

**Availability:** Monday to Friday. Medical transportation is from 9 a.m. to 2:30 p.m. Senior Center pickups are in the morning, arriving at the Senior Center at 9:25 a.m. and 10:45 a.m. There are two afternoon buses home, the first at 1:45 p.m. and the second at 3:15 p.m. Weekly grocery shopping trips include Stop & Shop on Monday and ShopRite on Friday, both at 10:30 a.m.

**Wheelchair Accessible?** Yes

**Website:** [southbrunswicknj.gov/senior-center/senior-transportation](https://southbrunswicknj.gov/senior-center/senior-transportation)

# South Plainfield Senior Center



90 Maple Avenue, South Plainfield, NJ 07080  
908-754-1047

**Fare:** Free

**Eligibility:** South Plainfield older adult residents (55+)

**Service Area:** South Plainfield and surrounding towns (Edison, Plainfield, North Plainfield, Piscataway, Dunellen, Fanwood, and Scotch Plains)

**Destination:** Essential services (medical appointments, physical therapy, banking, hairdressers, etc.), grocery shopping trips

**Advance Reservation?** Yes, 48 hours to 1 week

**Availability:** Monday to Friday, 8:30 a.m. to 1:30 p.m.  
There are weekly grocery shopping trips every Wednesday or Thursday morning at 9 a.m.

**Wheelchair Accessible?** Yes

**Website:**

[southplainfieldnj.com/spnj/Senior%20Center/Services](https://southplainfieldnj.com/spnj/Senior%20Center/Services)

## South River Office on Aging



55 Reid Street, South River, NJ 08882  
732-257-2340

**Fare:** Free

**Eligibility:** South River older adult residents (60+) who are registered with the Office on Aging

**Service Area:** South River and the northbound side of Route 18 in East Brunswick from Rues Lane to Tices Lane

**Destination:** Medical transportation, local errands, shopping trips

**Advance Reservation?** Yes, by 3 p.m. the day before

**Availability:** The Around Town Shuttle operates once a week, typically on Tuesday from 9 a.m. to 2 p.m. Weekly ShopRite trips take place on Thursday at 10 a.m.

**Wheelchair Accessible?** Yes

**Website:** [southrivernj.org/235/Transportation](https://southrivernj.org/235/Transportation)

# Spotswood Division of Senior Services



1 Arlington Ave., Suite 401, Spotswood, NJ 08884  
732-251-3432

**Fare:** Suggested donation of \$2 round trip for medical, \$1 round trip for other transportation

**Eligibility:** Spotswood Senior Center members (55+) and those on Social Security Disability

**Service Area:** For medical transportation, Spotswood, East Brunswick, Helmetta, Jamesburg, Monroe, Old Bridge

**Destination:** Senior Center, medical appointments, errands

**Advance Reservation?** Yes, as soon as possible. To arrange transportation, call and ask to speak with the Transportation Coordinator.

**Availability:** Medical transportation is Monday to Friday, 8:30 a.m. to 2:30 p.m.

**Wheelchair Accessible?** Yes

**Website:** [spotswoodboro.com/ooa-transportation](https://spotswoodboro.com/ooa-transportation)

# Senior Transportation of Woodbridge (STOW)



400 Inman Avenue, Colonia, NJ 07067  
732-726-2394

**Fare:** Free

**Eligibility:** Woodbridge Township older adult residents (60+)

**Service Area:** Woodbridge Township

**Destination:** Any place in Woodbridge Township, including medical appointments

**Advance Reservation?** Yes, at least 24 hours. If medical, at least 7 business days

**Availability:** Monday to Friday, 8:30 a.m. to 2:30 p.m. Appointments must be scheduled for arrival no earlier than 9:00 a.m.

**Wheelchair Accessible?** Yes

**Website:** [twp.woodbridge.nj.us/1052/Senior-Transportation-of-Woodbridge](http://twp.woodbridge.nj.us/1052/Senior-Transportation-of-Woodbridge)

# HEALTHCARE TRANSPORTATION

## Modivcare

866-527-9945

TTY: 866-288-3133

**Fare:** Free under Medicaid

**Eligibility:** Amerigroups/DMAS, Humana National Medicare (MCR), New Jersey Medicaid, United Healthcare Group Retiree, HCSC Group Retiree, National Medicaid, and NJ FamilyCare recipients

**Service Area:** Mileage coverage depends on plan benefits.

**Destination:** Non-emergency medical appointments (doctor visits, dental care, behavioral health services)

**Advance Reservation?** Yes, at least 2 business days

**Availability:** Anytime

**Wheelchair Accessible?** Yes

**Website:** [modivcare.org](https://www.modivcare.org)

# American Cancer Society Road to Recovery

800-227-2345

TTY: 866-228-4327

**Fare:** Free

**Eligibility:** Patients traveling to a cancer-related medical appointment. You must be able to walk unassisted to and from the vehicle or have an accompanying caregiver to assist. If you are under 18, you must be accompanied by a parent or caregiver.

**Service Area:** Every NJ county except Salem County

**Destination:** Cancer-related medical appointments

**Advance Reservation?** Yes, at least 4 business days

**Availability:** 24 hours a day, 7 days a week

**Wheelchair Accessible?** No

**Website:** [cancer.org/support-programs-and-services/road-to-recovery.html](https://cancer.org/support-programs-and-services/road-to-recovery.html)

## ScreenNJ

833-727-3665

**Fare:** Up to 2 free rides per month

**Eligibility:** Uninsured or underinsured adults in need of cancer screening services and support

**Service Area:** New Jersey

**Destination:** Cancer screening services with medical providers throughout New Jersey

**Advance Reservation?** Yes, at least 1 week

**Availability:** Anytime

**Wheelchair Accessible?** No

**Website:** [screennj.org/where-to-get-screened](https://screennj.org/where-to-get-screened)

Request transportation using the form at [go.rutgers.edu/SNJTransport](https://go.rutgers.edu/SNJTransport).

# Hospital Transportation

If you are unable to find transportation for a non-emergency medical appointment, contact the hospital directly. Hospitals generally do not provide transportation, but they may be able to connect you to additional transportation resources.

|                                                |                                                    |
|------------------------------------------------|----------------------------------------------------|
| <b>JFK University Medical Center</b>           | <u><a href="tel:732-321-7000">732-321-7000</a></u> |
| <b>Old Bridge Medical Center</b>               | <u><a href="tel:732-360-1000">732-360-1000</a></u> |
| <b>Penn Medicine Princeton Medical Center</b>  | <u><a href="tel:609-853-6500">609-853-6500</a></u> |
| <b>Raritan Bay Medical Center</b>              | <u><a href="tel:732-442-3700">732-442-3700</a></u> |
| <b>Robert Wood Johnson University Hospital</b> | <u><a href="tel:732-828-3000">732-828-3000</a></u> |
| <b>Saint Peter's University Hospital</b>       | <u><a href="tel:732-745-8600">732-745-8600</a></u> |



#### QUICK TIPS

Your insurance may cover the cost of private, wheelchair-accessible **non-emergency medical transport** (NEMT). Check your benefits with your provider.



**The resources found in this guide are for non-emergency transportation services only. In case of an emergency, call 911.**

# TRANSPORTATION NETWORK COMPANIES

While we advocate for you to use public transportation, we recognize that sometimes that isn't possible. There may not be a NJ TRANSIT bus stop near you or your destination. In that case, if you cannot or prefer not to drive yourself, you may opt to use a transportation network company (TNC). TNCs like **Uber** and **Lyft** are ride-hailing services that provide on-demand transportation to users.

While they are not TNCs, taxis are also ride-hailing services. See local taxi companies on page 9.



## QUICK TIPS

If you do not have a bus stop or train station near you, you can use a TNC to get to one on your route, rather than take a TNC all the way to your destination.

For another transportation option, find a carpool or vanpool that fits your schedule on [njrideshare.com](https://www.njrideshare.com). NJ Rideshare is a free service that matches people interested in carpooling.

# No Smartphone Required

To access TNC services, you typically need to download their apps. If you do not have a smartphone, there are other ways for you to access the same services.

## UZURV

UZURV is an adaptive TNC. Services can be booked through the fully accessible UZURV app or by phone.

NJ TRANSIT partners with UZURV for its Riders' Choice program (see page 37).

**Contact Information:** Contact NJ TRANSIT Access Link to see if you meet eligibility requirements to ride with UZURV at [973-491-4224](tel:973-491-4224). UZURV Customer Service can be reached by email at [ridersupport@uzurv.com](mailto:ridersupport@uzurv.com).

**Website:** [uzurv.com](https://uzurv.com)



## EZ Ryde4Life

A program of EZ Ride TMA  
201-939-4242 option 4

**Fare:** \$10 one-time membership fee, ride fee based on Lyft or Uber rates + \$2.50 administrative fee per ride

**Eligibility:** NJ residents 18 and older who are members of the program

**Service Area:** All rides must originate in New Jersey. You may take trips out of state, but you cannot be picked up out of state.

**Destination:** Anywhere within a 100-mile radius

**Advance Reservation?** No. Rides are provided on demand.

**Availability:** Monday to Friday, 8 a.m. to 8 p.m.  
Saturday, 8 a.m. to 5 p.m.

**Wheelchair Accessible?** No

**Website:** [ezride.org/transportation/ezryde4life](http://ezride.org/transportation/ezryde4life)

# GoGoGrandparent

855-464-6872

**Fare:** Monthly fee varies depending on plan (Basic, Value, Premium, Total Care). Value, Premium, and Total Care members receive unlimited operator-ordered rides per month. Basic members pay \$5 per operator-ordered ride (if you use the phone menu instead, you can waive this \$5 fee). All members pay \$0.27/minute, on top of the vendor's fare.

**Eligibility:** GoGoGrandparent members

**Service Area:** United States

**Destination:** Anywhere

**Advance Reservation?** No, rides are provided on demand (within 20 to 90 minutes).

**Availability:** 24 hours a day, 7 days a week

**Wheelchair Accessible?** Operators can request wheelchair-accessible vehicles.

**Website:** [gogograndparent.com/services/rides-for-seniors](https://gogograndparent.com/services/rides-for-seniors)

# ACTIVE TRANSPORTATION

Active transportation isn't just good for your mind and body; it's also good for the environment! Middlesex County offers miles of trails and greenways for transportation and recreation.

## Popular Trails:

- **Middlesex Greenway** (3.5 miles) – Part of the East Coast Greenway. Open to walkers and cyclists. E-Bikes are not permitted on this trail.
- **Delaware & Raritan (D&R) Canal State Park Trail** (70+ miles) – Open to walkers and cyclists.

Explore more hiking and biking trails at [discovermiddlesex.com/outdoorguide](https://discovermiddlesex.com/outdoorguide).



### QUICK TIPS

If you don't live near a trail, you can take public transit! Learn about traveling with your bike on pages 34 and 62.

Find out more about Transit to Trails at [njtransit.com/trails](https://njtransit.com/trails).

# SAFE WALKING & BIKING



On your next walk, consider these tips:

- **Be visible:** Wear bright or reflective clothing or carry a flashlight.
- Make **eye contact** with drivers before crossing the street. You can also give drivers a wave!
- **Listen** for engine noise. Avoid auditory and visual distractions!
- Whenever possible, use sidewalks and crosswalks.

On your next bike ride, consider these tips:

- **Be visible:** Wear bright or reflective clothing. Make sure your bike has a white reflector in the front and red reflector in the back. In NJ, bicycles must have a front white light and a rear red light when riding at night.
- **Be heard:** Use a bike bell.
- **Wear a helmet:** In NJ, children 17 years and younger must wear a helmet, but it's smart to wear a helmet regardless of age!



# BIKE & SCOOTER RESOURCES



**Veo E-Scooter Share:** Available in New Brunswick and Piscataway through Rutgers, and Highland Park. Rent a scooter for as little as a \$1 unlocking fee and \$0.35 per minute for up to 48 hours. Download the Veo app to see e-scooters available near you, as well as designated parking locations. Learn more at [veoride.com](https://veoride.com).

**Woodbridge Bikeshare:** Free 12-hour bike rentals at the following locations: Herbert Rankin Park, 4<sup>th</sup> Street Park, Tanzman Park, E. William Street, Evergreen Senior Center, LeGrand Park, Kennedy Park, and Fords Library. Learn more at [twp.woodbridge.nj.us/1214/Free-Bike-Share-Program](https://twp.woodbridge.nj.us/1214/Free-Bike-Share-Program).

**Perth Amboy Bikeshare Program:** Free bike rentals from sunrise to sunset, located at the Perth Amboy Harborside Marina. For more information, visit [perthamboynj.org/community/news/announcements/bikeshare\\_program\\_launch](https://perthamboynj.org/community/news/announcements/bikeshare_program_launch).

**New Brunswick Bike Exchange:** Buy refurbished bikes or donate used bikes. Learn more at [nbbikeexchange.org](https://nbbikeexchange.org).

# KMM PROGRAMS

KMM offers a variety of programs and services to improve mobility, safety, and accessibility. Contact us to learn how we can help.

## **Commuters**

Carpool Matching Services  
Public Transit Information  
Bike Locker Rentals  
Emergency Ride Home

## **Municipalities**

Complete & Green Streets  
Road Safety, Walk, and Bike Audits  
Local Safety Action Plans  
Demonstration Projects  
Technical Assistance

## **Employers and Businesses**

Employer Recognition Programs  
On-Site Assessments  
Transportation Fairs  
Conferences and Workshops

## **Community**

Safe Routes to School  
Safety Education Presentations  
Older Adult Transportation Programs  
Travel Trainings  
Air Quality Monitoring

# ABOUT US

Keep Middlesex Moving, Inc. (KMM) is a 501(c)(3) nonprofit Transportation Management Association (TMA) serving Middlesex County, NJ.

KMM's mission is to educate the public about the importance of air quality, promote traffic safety through public outreach and education, and improve transportation access for everyone who lives, works, and does business in Middlesex County.

# FOLLOW US



# CONTACT US

Contact us today to learn more about our services.



732-745-4465



100 Bayard St, 2<sup>nd</sup> Floor  
New Brunswick, NJ 08901



[programs@kmm.org](mailto:programs@kmm.org)



[kmm.org](http://kmm.org)